ISt. Patrick Parish CUS

www.stpaturbana.org September 2024

Belonging

hat does it take to belong to a family? Some people belong by birth, some by marriage, some by adoption. Some are simply drawn in by love and enwrapped in the love of the family. You don't have to earn your place in your family; you simply belong. Yet part of belonging is caring for your family members, being with them, and joining in with whatever the family is doing.

Belonging is pretty flexible. A baby doesn't contribute to the family by doing anything but just by being there. A young person away at college may be physically at a distance

but still close to other family members in love and caring. Does every



family work this well? No, but it is good to remember that this is the ideal we try for.

What does it take to belong to a parish family? You might think you have to be Catholic, but we're more flexible than that. We always have some spouses and adopted children who are not Catholic but worship with us and celebrate with us. We also have some people who are drawn to our faith and community but have not yet been received into the Church. We're grateful for their presence.

It is important that we come together at Mass to share our faith

and our lives but not everyone can be here every week. Travelers and college students may attend another parish but still be part of our parish family. Those who are unable to come to Mass because of age or illness are still part of us. We hold them in care and reach out to them with the Eucharist

You might think you need to be like everyone else in the parish. At St. Patrick's, we have people of all ages, all races, all nationalities, all income levels, all abilities. When you need the comfort and understanding that comes from being with

people like yourself, you can find them here. When you need

to be reminded that the Church is far bigger than folks like you, our diversity will be a blessing to you. We have families with rambunctious children and seniors who have outlived many of their relatives. We have people whose roots in the parish go back generations, and people newly arrived in the area.

We belong here because the love of God has brought us together. We belong here because we seek to express our faith and grow in it. We belong here because we find friendship and support at all stages of life. We belong because God loves us, everyone.

Welcome! We're glad you're here!



Guy, and I was recently elected President of the Parish Council. The new position has me thinking of fresh starts and what makes St. Patrick's so great.

I want to start by welcoming all who are new to our parish. We're glad you're here! St. Patrick's has become a second family to me over the years and I pray that you'll find that to be true for you as well.

For parishioners new and old, I want to encourage everyone to find a way or ways to become initially involved or maybe more involved in the parish. Our people make St. Patrick's great and enable a wide variety of ministries to succeed. By the time you're reading this, the annual Time and Talent weekend will have passed, but don't let that stop you from joining a group or assisting with a one-time event throughout the year. It really is true that many hands make light work. Plus, you'll get to interact with some pretty cool people along the way!

Know that I and the other members of the Parish Council are praying for you. I hope to meet many of you in person in the coming year.

Awesome, amazing, wonderful!

by Minette Sternke

I wasn't sure what to expect when I attended the National Eucharistic Congress in Indianapolis, July 17-21. The first night of the Congress began by welcoming the "Perpetual Pilgrims" that had traveled the entirety of the four Eucharistic Pilgrimage routes from the North, South, East, and West to Indianapolis. Then all of the lights in Lucas Oil Stadium went out and a single beam of light shone on the Lord in the Eucharist as it

Office of the Deaf, I participated in a team that helped to find and schedule the interpreters for Deaf pilgrims.

Each day started with Mass, followed by optional workshops. The day would close with a revival session and a Holy Hour. Speakers emphasized the four pillars of the Eucharistic Revival: Eucharistic Encounter, Identity, Life, and Mission. We must first maintain an active relationship with Christ in the Eu-

charist through prayer, adoration and the sacraments. As beloved children of God, we must embrace that identity, formed and nurtured by our encounters with Christ in the Eucharist. As we deepen our Eucharistic identity through

daily encounters with Our Lord, we incorporate our love for him into our lives, allowing His love to flow through us to others. Finally, we do

we are his hands and feet to our neighbors and to the marginalized.

One image that arose frequently was "lift up your heart to the Lord." Cardinal DiNardo of Houston reminded us that it is "right and just" to do this. Another speaker reminded us that the Blessed Mother



always shows the way to Jesus: she lifted up her heart to him and trusted God's word. We, too, must trust him as we make the daily decision to follow him.

Friday night's Holy Hour included a litany of Healing and Repentance led by Fr. Boniface Hicks, OSB, after which he slowly processed the Eucharist in the monstrance around the stadium before Benediction. It was

> a powerful moment as Jesus in the Eucharist came around a corner, so close to where we were sitting. Jonathan Rhoumie, of the online series "The Chosen," read the

Bread of Life discourse from the 6th chapter of John. Fr. Mike Schmitz described in vivid detail how the

out and a single beam of light shone on the Lord in the Eucharist as it relationship with Cl

was processed to an altar on what would have been approximately the 50-yard-line of the stadium. Some 50,000 + people went completely

silent, kneeling and adoring our Eucharistic Lord.

During the Holy Hour, we praised the Lord in silence, in song, and in

prayer. I was seated immediately to the left of the main stage, where a contingent of Deaf pilgrims could see Sign Language interpreters. As President of the National Catholic



not receive these gifts of encounter and identity to keep them to ourselves. We must go out and evangelize, spreading the Good News of Christ's Eucharistic love by the way

see Awesome on next page

Awesome from page 2

journey to Emmaus may have been for the two disciples listening to Jesus explain the Scriptures to them.

Outside the workshops was a display with a replica of the Shroud of Turin, as well as a replica of the crown of thorns. We traditionally envision it as a circle crown but based on the evidence of the Shroud, it actually was a helmet of thorns. It took my breath away to imagine that on the head of Jesus. The display also had a scale model with the image of the Shroud and a sculpture of the body of Christ as it would have been wrapped in it.

A highly anticipated moment was the Eucharistic Procession through downtown Indianapolis on Saturday afternoon. More than 100 bishops and cardinals participated. As a consecrated virgin for the Diocese of Peoria, I walked with religious sisters and other consecrated virgins to help lead pilgrims to a park about a mile away from the Convention



Center. People lined the sides of the procession route, excited and waiting to see Our Lord. In the park, Our Lord was placed on an altar in the War Memorial. Bishop Andrew H. Cozzens led us in prayer, noting that while it might be "the largest Eucharistic procession in the country

Religious Education begins

As Religious Education classes at St. Patrick begin on September 8, families should be aware that there is a new policy for First Communion:

- As a prerequisite for First Communion preparation, the students and their families must have already been attending Mass regularly.
- Families must sign in at Mass to verify attendance throughout the First Communion preparation year.
- Families must sign in at least twice a month or the student will have to discontinue First Communion preparation and start over another year.

The reason for this decision? Often the sacraments can become items that people check off their to-do lists. Their purpose, however, is for us to receive God's grace and encounter Him as much as possible. With that in mind, if anyone is preparing to receive a sacrament, we believe their intention should be to continue frequenting it as much as possible.

There will be no Confirmation this year, but when classes start in Fall 2025, the same prerequisite for attending and signing in at Mass throughout the Confirmation preparation year will apply.

Thanks a Million!

Thank you to all the volunteers who helped to make this year's Cellar to Garret garage sale a success. Thank you to givers of stuff, sorters of stuff, folders of stuff, and "pricers" of stuff. Thank you to those who participated in setup and, especially, cleanup. Thank you for all who provided food and treats, and for all who adjusted their lives around the busyness in the parish center. Thank you to the family members who supported the workers, and to the parishioners who supported them in prayer. Thank you one and all!

in decades, it was still too small... There are millions of people in our own states, in our own dioceses, who don't yet know you." His prayer encouraged us to be missionaries to those who do not yet know Jesus.

The Congress started a Year of Mission for the Eucharistic Revival. On the last day of the Congress, speaker Chris Stefanik challenged us to "become Saint [insert your name here]." He paraphrased Blessed Carlo Acutis, saying, "Pray to want to be a saint, and if you don't want to do that, pray to want to want to be a saint." Cardinal Luis Antonio Tagle told us, "Those who choose to stay with Jesus will be sent by Jesus...let us go to proclaim Jesus zealously and joyfully for the life of the world." Bishop Cozzens said "Brothers and Sisters, we believe that God desires to renew his Church and that this renewal will happen through you. And that in renewing his Church, he will renew the world."

At the conclusion of Mass, Bishop

Cozzens announced that organizers have started planning for an 11th National Eucharistic Congress in 2033. And in 2025, a new Eucharistic Pilgrimage will travel from Indianapolis to Los Angeles for the Feast of Corpus Christi.

As part of the Year of Mission, the Eucharistic Revival has announced a program called "Walk with One." This program recognizes that evervone is called to evangelize, and we have the gift of the Holy Spirit to accomplish this mission. Each of us is called to look at the people in our own life and recognize that one person in our lives whom Jesus is calling right now. Ask the Lord to help you discern who that person is, pray for that person, and then connect with them in friendship. As you deepen your relationship with the person, invite them on a path closer to Jesus in the way that feels best for them. Don't give up if your efforts don't seem to have an effect at first. Always pray to God for help and remember he is in control.

Finding your way around St. Patrick's

Welcome to St. Patrick's Parish! Here are some tips to help you find your way around:

Parking

The big lot to the north of the buildings is especially convenient. On week-days, the green spaces are rented to Carle's staff, and the yellow ones are for parishioners' use. On evenings and weekends, the entire lot is available for parishioners. You can also park along the streets but be advised that the Main Street door to the church is now marked 'exit only,' so parking on Busey Street will not provide a convenient entry to the church.

Handicapped Access

Parking spaces for the handicapped are the ones closest to the buildings. There's a button-activated door opener by the door to the church. For many events, the door to the parish center may be unlocked; when it isn't, you can press a doorbell for assistance.

As you enter through the church doors off the parking lot, to your left is the parish center, with staff offices, meeting spaces, and St. Brigid Hall. To your right is an elevator, which will take you up to the church or down to Trinity Hall

You'll see a wide staircase leading up to the church itself. If you sit in any of the front pews, a minister will come to you with Communion. There is room for walkers and wheelchairs near the front of each section of pews, near the back, and along the side aisles. An usher will be happy to help you find a place.

Meeting Spaces

The *Gathering Space* is at the bottom of the stairs that lead up to the church. There are two large meeting spaces. *Trinity Hall* is located below the church. You can get there via stairs or the elevator. *St. Brigid Hall* is in the parish center, past the secretary's office and the kitchen. St. Brigid Hall provides the setting for a popular socializing event known as the Coffee Shop.

The *Trinity Hall foyer* is below the church, just outside Trinity Hall itself. The *lounge* is located in the parish center near the secretary's office.

There are *six classrooms*, named for saints, all adjacent to St. Brigid Hall. St. Mary and St. Joseph are at the east end of the hall. Saints Matthew, Mark, Luke, and John are in the hallway to the north.

Other Important Locations

A safe outside playground for youngsters has been created by fencing in the south lawn outside St. Brigid Hall. Access is through St. Brigid Hall only.

Defibrillators are available for cardiac emergencies. One is in the church, near the Reconciliation Room. There is another in St. Brigid Hall, along the north wall. A third one is located down in the lobby of Trinity Hall, near the elevator.

Restrooms are located throughout the buildings: inside the Main Street door of the church, in the Gathering Space, in the lobby of the parish center, in the Trinity Hall foyer, and in the south hallway of St. Brigid Hall.

Happy discovering!



- A renovation of the 60-plus-year-old portion of the parish center (includes St. Brigid Hall, classrooms, etc.) is underway. It involves replacement of windows and an upgrade to the HVAC (heating and cooling) system.
- The Parish Council has a new president, Kathryn Guy, and a new vice-president, Frank Rosser. They hope for your prayerful support and request any feedback or suggestions you can offer that may help us live out our parish mission ever more faithfully.

Look what's coming!

It's time for one of the most joyful events of our parish year, the International Festival, celebrating our universal Catholic heritage through ethnic foods, song, dance, and art. It will be held on Saturday, September 28, beginning at 5 p.m. There will be delicious foods, entertainment, and cultural objects from many countries, plus games and prizes for children.



As our parishioners have discovered how much fun it is to come together as one big happy family, attendance has grown each year. To accommodate this growth, last year we placed many of our displays about various countries downstairs in Trinity Hall. This year all the tables will be on one floor but flow out the front door of St. Brigid Hall into the grassy area inside our new fence.

Other changes this year include new committees to handle all the different aspects of this event, including decorating, setup, food, entertainment, and cleanup. Many more ideas have sprouted this year, such as tables featuring foods from different areas of our country, for instance, Cajun food or regional types of barbecues. Look for events leading up to the festival. You may remember last year's art fair featuring portraits of Christ.

Let's all prepare to party and have yet another excellent event. Sign-up for committees will begin after Mass on August 11 and continue until our "Encountering Christ Across Cultures" is a reality. You'll have a great time helping!

What does the Eucharist mean to me personally? **By Madeline Hughes**



"I want Jesus inside me, too!"

My name is Madeline Hughes, and this is my story about learning about Jesus and receiving Him in Holy Communion.

I am a member of St. Patrick's Church, and Father Joe baptized me here.

In May of 2022 my cousin, Eve, told me she was "going to receive Jesus inside her." She was going to have her First Communion at Holy Cross Church. I was so happy for her, but I told my Grand-mere that I wanted Jesus inside me,

With the help of my Grand-mere, Father Anthony, and Jon, I learned about Jesus and made my First Communion on Friday, April 21, 2023, here at St. Patrick's. I told everyone it was "the best day of my life." At 10 o'clock that

night I told my Grand-mere that I was lying on my bed with my Communion Dress still on and my flowers in my hair. I told her I didn't want this day to end.

This past March I began having trouble understanding everything at Mass and paving attention. Sometimes I have trouble paying attention, not just at Mass. I told this to Father Anthony, and he said that sometimes that happens, and he would be glad to help in any way he could.

Then on, June 16th, when I was at Mass, I saw a girl and boy helping Father Anthony up on the altar at Mass. I told my Grand-mere that I want to talk to Father Anthony



because I want to do it, too. I think it will help me be closer to Jesus and understand what is going on better.

Father Anthony was very happy and introduced me to Sofia Gonzalez. Sofia helps others learn how to serve at Mass. She was so nice to me and helped me learn what I was to do to help Father Anthony at Mass.

On June 23 this year I served Mass with Sofia at 10 a.m. Mass. I was so happy being so close to Father, the altar, and seeing Father turn the bread and wine into Jesus.

I want to continue to serve Mass and keep getting closer and closer to Jesus.

Maddy's grand-mere, Pam Donze De Ley, thanks Father Anthony, Jon McCoy, Sofia Gonzalez, and Shirley Splittstoesser for their positive actions in accepting her granddaughter and others who may be autistic or have other disabilities.

Totus Tuus: Five days of faith and fun

For five days in June, children and teens at St. Patrick took part in Totus Tuus 2024, led by John Assaf (3rd year of seminary), Faustina Hoedorman (currently discerning religious life), Jillian Bober (attending Hillsdale College), and Luke Dennison (attending Missouri S&T).

About 10 teens attended for five evenings. They enjoyed playing marshmallow dodgeball and shaving cream wiffle ball. There was a theme for each night, which helped them focus on their relationship with Christ. This included Adoration and Confession on Wednesday night.

The Children's Program, for children entering grades 1 through 6, was held from 9 a.m. to 2:30 p.m. daily. About 20 children attended. The curriculum focused on the Glorious Mysteries of the Rosary and the Apostles' Creed. Students also enjoyed learning songs and watching the Totus Tuus missionaries perform daily skits, with assistance from Deacon Jack Watt. They also could go to Confession and attend Mass each day at 11:15 a.m.

Thank you to everyone who volunteered to be a host family for the Totus Tuus missionaries; these families brought them lunch each day, as well as snacks for the children who attended.

Vocation Prayer

Loving Father, we thank you for all the vocations of apostles and saints who have enriched the Church. Open our hearts and minds so that a new flowering of holy vocations may show forth the fidelity of your love and all may come to know Christ, who came into the world to offer to every human being the sure hope of eternal life.



Women's Cursillo is coming to St. Patrick's, September 20-22. Contact Becky Billman for more information: billman@

illinois.edu or 217-493-3464.

Eucharistic Pilgrimage: a walk with our Lord in Effingham and Teutopolis

by Frank Rosser

When she heard that one of the Eucharistic pilgrimages would be passing through Effingham on July 12, Mary Ndungu convinced me that it was something not to be

missed. The pilgrimages started in the four ends of our nation with a plan to converge in Indianapolis at the Eucharistic Congress. We hoped that others would be able to join us, but because it happened midweek and

an early hour, no one was available. Undaunted, we made our plans and arrived at Saint Anthony of Padua Hospital in Effingham at 8 a.m.

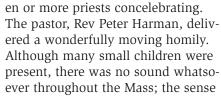
National Eucharistic Pilgrima

Eucharistic

More than 500 Catholics assembled to hear opening comments from Bishop John Paprocki of Springfield and prayed the Litany of the Holy Name of Jesus prior to the beginning

of the procession, which moved from the hospital to St. Anthony of Padua Catholic Church. During the halfmile-long procession, the group sang songs of praise to God, led by a cantor using a microphone, although the volume of singing was so loud that her voice was often lost.

Once at the church, the procession entered and filled every seat, overflowing to standing room only. The bishop presided over the liturgy, with a doz-



of reverence was palpable.

After the Mass, the pilgrimage proceeded to Teutopolis for a procession and adoration at the St. Francis Seminary. There was some confu-

sion about the starting point, as Mary and I expected it to be at St. Francis of Assisi Church. It was here that we met Sister Mary Rose Chinn of The Handmaids of the Triune God; Sister Chinn has been following the St. Junipero Serra Pilgrimage Route since it departed from California on May 18. She too was con-

fused, but quickly found information that the route was to begin and end at the Seminary.

As we hustled over there to catch up with the procession, I was impressed by Sister Chinn's boundless energy. She told me she had been camping every night for three months and driving between the various pilgrimage stops. Her love for Jesus is inspiring.

We joined the procession as it returned to the seminary, where the monstrance was placed on a plat-

form for Adoration and Benediction. Then the pilgrimage proceeded to its next destination. It was a day filled with joy and thanksgiving, one in which we walked with our Savior, truly present in the Eucharist and in his people.





Q: Why
does the priest
rinse his
hands before
the consecration at Mass?
A: One an-

swer to this question is for the same reason that you take a shower before joining your family for dinner, or for going out to a special event: it's just natural to want to be clean when you're doing something festive or solemn. Some ancient Mass rubrics tell the priest to wash before Mass as part of his preparation. It's the same idea.

Another reason concerns the gifts brought forward in the offertory procession. In some places people brought (and still bring) different kinds of gifts, either for the priest or for the poor. If someone brought a bushel basket of wheat or a chicken . . . well, you get the idea.

These days, the washing (or rinsing) of hands is perfunctory; it isn't really needed for any practical purpose. Instead, the priest recites a verse from Psalm 51: "Lord, wash me of my iniquities and cleanse me from my sins." It's another way the priest cleanses himself before the festive and solemn celebration of the Eucharist.



Come sing and play a joyful song!

Psalm 100 advises, "Worship the Lord with cries of gladness; come before him with joyful song." And St. Paul in his letter to the Ephesians urges, "Be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and playing to the Lord in your hearts...." It is the mission of our St. Patrick's music ministries to do just that!

Our vibrant and robust music program strives to fill our worship experiences with the joy and deep feeling of our Christian spirituality. We do that through a variety of ensembles, which include dozens of our talented volunteer parish musicians. And there is a space in these ensembles for you – for anyone who desires to be a part of this heart-felt worship ministry. We will welcome you with smiles on our faces and help you get off to a confident start.

One of our most recognizable parish musicians is Jim Mayer, who often serves as cantor with his resonant, warm voice. He says, "Music ministry at St. Pat's has been a big part of my life since my senior year in high school when I moved to Urbana 45 years ago; singing is a great way to pray."

Jim started as a member of our **Adult Choir**. Each Sunday, it fills our sanctuary with a rich blend of voices to help the cantor lead our hearty, congregational singing of psalms, hymns, and eucharistic prayers. The choir frequently sings in multiple, interweaving parts of women's and men's voices. Often the choir will sing an anthem that ranges in style from Gregorian chant to traditional choral classics to contemporary choral music.

It's exciting when our Mass includes music from our **Congolese Choir**, with its vibrant energy, rhythm, and enthusiasm. The sanctuary is replete with smiles as parishioners hear these confident voices singing in French, Lingala, Kinkongo, Latin, and Greek, accompanied by pulsating conga drums.

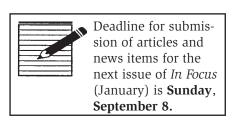
Once or twice a month, our Masses are graced with the beauty of a flute or violin, which enrich our hymns with color and strength. They are part of our **Contemporary Group**, which strives to provide a modern style of accompaniment for our singing, led by six to eight voices. These are supported by piano, guitars, bass guitar, percussion, and conga drums, which together create a tapestry of melodic, harmonic, and rhythmic texture.

What is more uplifting and celebratory than the sound of pealing bells? Our **Bell Choir**, directed by Cathy Salika, gives our songs extra vibrancy as they ring along with our choir and cantors, reminding us to lift our eyes and hearts towards heaven.

Our **Parish Youth Choir Ensemble** brings the sweetness and allure of children's voices to our worship. It includes children in grades 2 through 8. These children are eager to learn and contribute to our community. Is there a young person in your family who would like the fun and challenge of singing with others?

When God calls a member of our parish to their heavenly home, the **Funeral Schola** sings at the funeral liturgy to help honor our friend and console their family members.

St. Patrick's has long been blessed with talented musicians in our parish. Please consider becoming a part of one of these active ensembles, led by James Rossi, our Director of Music (james.rossi@stpaturbana.org) There is a place for all who feel the enticement of music that opens your heart to the Holy Spirit. Come help us glorify God through music.



Parish Council News



The Council members took on the business of member-

ship, electing their president, Kathryn Guy, and their vice-president, Frank Rosser. Morene Christman was confirmed as secretary, instead of recording secretary, the duties for which she has agreeably performed for some time. Changes to the bylaws regarding the election/appointment and seating of new members as well as the terms of membership were discussed and are to be prepared for review and approval at the next Council meet-ing.

Members also approved moving Council meetings to first Sundays at 11:15, making it more regularly possible for the pastor to participate. All parishioners are welcome to attend these meetings, but if you want to address the Council on a specific matter, you are advised to alert the president in advance.

Plans for the Time and Talent Fair, to be held August 24-25, were finalized, with suggestions added for running a slide show that highlights the ministries, as well as erecting a canopy tent outside the church entrance to stimulate interest and encourage participation.

As expected, the movie night was a great success. More than 50 parishioners attended the showing of "The Prince of Egypt," with net expenses held to about \$40 by generous freewill offerings. Possible movies for future movie nights are under consideration, with the movie "Star" suggested for showing during the Advent season, pending an available date.

The Parish Pictorial Directory has hit a snag: The final files were accidentally destroyed by the post office, delaying proofs for review until late August, and printed copies later still. Did you have your photo taken for it? If so, you can expect to receive a free printed copy of the pictorial directory.

Help Wanted!

In Focus has been going strong for 43 years now, and we can do this because of the many people who pitch in. We have three special needs right now:

LAYOUT A few times a year, scheduled in advance, you'd receive files of edited text, photos, and graphics. You'd have three days to do the layout and create a pdf using whatever publishing software you're already familiar with.

WRITERS Every couple of months, you'd receive a topic, knowledgeable contact people, and Web resources. You'd have about 10 days to write 400-600 words on a topic.

PHOTO EDITOR Photos give vibrancy to In Focus, but it takes time to select them each month. You'd read the draft of In Focus and select photos to help tell the story of our parish life.

Can you help? Contact Cathy Salika at csalika@illinois.edu.



A French woman, Marie-Marthe Baptistine Tamisier, started eucharistic congresses in 1881. By 1895 the congresses had gained traction in the United States. Following an 83-year hiatus, the 10th National Eucharistic Congress was held July 17-21 in Indianapolis as the crowning event in a three-year national eucharistic revival.

Quick fixin's from the kitchen of . . . Macie Brown

Baked Apple Doughnuts

1-1/2 c sifted flour

1-3/4 t baking powder

1/2 t salt

1/2 t ground nutmeg

1/2 c sugar (more below)

1/3 c shortening

1 egg, beaten

1/4 c milk

1/2 c grated raw apple

1/2 c melted butter or oleo

1/3 c sugar

1 t cinnamon



Sift together flour, baking powder, salt, nutmeg, and 1/2 cup sugar. Cut in shortening until the mixture is fine. Mix egg, milk, and apples; add all at once to dry ingredients and mix quickly but thoroughly. Fill greased muffin cups 2/3 full. Bake at 350 degrees for 20-25 minutes. Place 1/3 cup melted butter in a shallow dish. Combine 1/3 cup sugar and 1 teaspoon cinnamon in another shallow dish. When baked, remove the doughnuts from the pan and roll in melted butter, then in the sugar and cinnamon mixture. Serve warm.



St. Patrick's Parish In Focus is published on the last weekend of the month in Urbana, Illinois. News items and information may be submitted by the first weekend of the month for an upcoming issue. Materials must include the name and telephone number of the person submitting them.

Please send news items to infocusstpats@gmail.com. You may also send them to any Communications Committee member (listed with contact information below). All submissions are subject to review and/or editing by the committee and staff. Bylines are generally omitted.

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