ST. PATRICK'S PARISH

In Focus

www.stpaturbana.org

Your Best Friend Is Waiting For You

Why do Catholics spend time in adoration before the Blessed Sacrament? It is because Jesus, true God and true man, is truly present there,

waiting, thirsting for us to come. Why does the Church believe that Jesus is present, body, blood, soul, and divinity, in the Holy Eucharist? We believe it on the word of Jesus. In the days when he was still teaching crowds of followers, he told

them, "Unless you eat my body and drink my blood, you shall not have life within you." Many called that a "hard saying" and walked away. Jesus did not call them back and say, "You misunderstood me." He let them go, those who did not believe.

At the Last Supper, Jesus said,

"This is my body which will be given up for you," and "This is my blood which will be shed for you." Then he commanded, "Do this in memory of me." From the days of the Apostles to the present day, the Church has been

fulfilling this command in countless liturgies celebrated throughout the world daily. Receiving Jesus in Holy Communion is the most powerful source of grace available to us, but it is not the only source of Eucharistic grace for us.

In remaining with us sacramentally, Jesus fulfills his promise, "I will be with you always." Not only in Spirit, not only at Mass, but always, he is totally, bodily present for us, longing for us, waiting for us.

After Vatican II, Eucharistic devotions declined. In 1991, John Paul II, calling for a return to the reverence and traditions of the past, established perpetual adoration of the Eucharist in St. Peter's Basilica in Rome. He also encouraged perpetual Eucharistic adoration in parishes throughout the world: "The Church and the world have a great need for Eucharistic worship."

Blessed Mother Teresa was once asked how she could justify the two or Continued on page 2

Come to celebrate with Sr. Charlene!

What the heart gives away is never gone...

It is kept in the hearts of others.
—Robin St. John

With grateful hearts we bid farewell to Sr. Charlene Cesario, SSCM (Servants of the Holy Heart of Mary), Pastoral Associate, who will leave St. Patrick's in June after serving our parish family for the past 19 years.

The parish will thank Sister for her years of service and say goodbye at a luau-style party on **Sunday**, **June 24**, **from 1-3 p.m.** in the main hall. Please take this opportunity to celebrate her ministry among us and to

wish her well as she takes the next step on her life's journey.

While at St. Patrick's, Sr. Charlene has ministered to us in many ways, through individual and group spiritual direction, retreat opportunities, bereavement and grief support, evangelization, pastoral care, the program Finding God in Daily Work, her involvement with Disciples in Mission, as Notary/Advocate in the



Sr. Charlene, during her first year at St. Patrick's

annulment process, participation in the Parish Council and in the RCIA, WATCH, and Parish Nurse programs, ministry to the dying, serving on the leadership teams for the Ministries of Spiritual Enrichment and Parish Community Life, and activities in support of Vocation Awareness.

Sr. Charlene plans to take a sabbatical, which will include a renewal program in Manchester, England, at Hawkstone

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Your Best Friend From page 1

three hours that her sisters spend in Mass, prayer, and adoration, when they could be out serving the sick during that time. Mother Teresa replied, "If my sisters did not spend so much time in prayer, they could not serve the sick and poor at all." Once a group of American women asked Mother Teresa how they could help her ministry. She replied that the greatest help they could give her would be to spend one hour a week in silent adoration before the Blessed Sacrament.

In the last fifteen years, perpetual Eucharistic adoration has grown in popularity throughout the world. Participants have found that not only have their own personal lives and family lives been enriched and rewarded, but there has also been a noticeable growth in the spiritual life of the parishes involved.

Some see Eucharistic adoration as too private and too personal. In 1996, Pope John Paul II wrote, "Closeness to the Eucharistic Christ in silence and contemplation does not distance us from our contemporaries, but on the contrary...anyone who prays to the Eucharistic Savior draws the whole world with him and raises it to God."

In this noise-filled world, some resist silence. What does one do in an hour of silence before the Lord? All four types of prayer taught by the Church—adoration, thanksgiving, reparation, and petition—are appropriate. Reading of scripture and praying the rosary can be good ways to begin. Tell Jesus of your love, your gratitude. Praise him in the psalms. Share with him your joys, your sorrows, and your needs. Lift your concerns for others to him in prayer. Sit quietly before him and wait for his lead. You are visiting your best friend.

Don't forget to listen! Give him your heart!

Jesus said it so warmly, "Come to me, all you who are weary and burdened. Come to me and I will refresh you." Who could refuse such an invitation from your very best friend?

Where can you find an adoration chapel available at any hour of any day or night? St. Matthew Parish in Champaign has a Perpetual Eucharistic Adoration chapel that draws worshippers throughout the area from Rantoul to Monticello and from Philo to Mahomet. It is accessible to all from 6:00 a.m. to 6:00 p.m. and can be accessed by electronic key during the evening and night hours. The chapel is located in the new addition between the church and the school: just follow the signs. To obtain more information or to sign up for a specific time, call Cindy Flottmann (398-8409) or Tess Wilkinson (762-7949).



in our parish library

In With Burning Hearts: A Meditation on the Eucharistic Life, Henri Nouwen writes: "It is the intense desire of God to enter into the most intimate relationship with us that forms the core of the Eucharistic celebration and the Eucharistic life. God not only wants to enter human history by becoming a person who lives in a specific epoch and a specific country, but God wants to become our daily food and drink at any time and any place. Therefore Jesus takes bread, blesses it, and gives it to us. And then, as we see the bread in our hands and bring it to our mouths to eat it, yes, then our eyes are opened and we recognize him."

For a greater appreciation of Jesus' continuing presence among us—his fourfold presence with us in the Mass and, it follows, in the hosts reserved in the tabernacle for sharing with shut-ins, the sick, and the dying, you may find the following books helpful;

Eucharist: Celebrating Its Rhythms in Our Lives, by Paul Bernier, SSS (265 BER)

Jesus and the Eucharist, by Tad Guzie (265 GUZ)

The Eucharist and the Hunger of the World, by Monica
Hellwig (265.3 HEL)

Real Food: A Spirituality of the Eucharist, by Robert Fabing, SJ (265 FAB)

Others that you may want to look for and explore: Bread Broken and Shared: Broadening Our Vision of Eucharist, by Paul Bernier, SSS With Burning Hearts: A Meditation on the Eucharistic Life, by Henri Nouwen

The Living Bread, by Thomas Merton

The Communion Rite at Sunday Mass, by Gabe Huck Saving Signs, Wondrous Words, by David Philippart If these are not available when you look for them, you'll

find many others equally helpful for developing a better understanding of what we are about when we participate in Eucharist and what Jesus is about when he invites us, "Come to me, all you who are burdened. Come to me and I will refresh you."

If you have trouble locating books or other materials in the library and need assistance, please stop by the library on the last Sunday of the month between 8:30 and 11:30 a.m. to speak with one of our library team members. You may also call Lori Mestre (365-9994), parish library team coordinator, for help. The parish library is now open during parish office hours, Monday through Friday.



Deadline for submission of information, articles and news items for the next issue of *In Focus* is August 4.

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International Festival, 2007: Family ties to many cultures displayed

This year's international festival drew a crowd of over 100 people and 20 exhibitors from Australia to Vietnam. The food was excellent, with not a leftover to be found. We were treated to a Brazilian dance group, who performed Capoirera martial arts dance, the recitation of a Venezuelan story poem, international folk dancing with leader Bonnie Thiel, a Palestinian dance led by Jedd Handal and Joseph Youakim, and harmonic music performed by Trudy Keane. New friendships were formed, including a connection discovered among some parishioners with family ties to Poland.

If you missed this year's celebration of St. Patrick's ethnic diversity, you'll just have to wait for the next one, in 2009!







Volunteer drivers needed for Faith in Action program

Imagine that your doctor has told you that you can no longer drive due

to your chronic health conditions. Your next thought then turns to your alternatives: How am I possibly going to get to my doctor appointments? How will I get my groceries?

For hundreds of C-U area residents, these are issues that cause great anxiety.

Many older adults need cancer treatments, dialysis, physical therapy, cardiac rehab, out-patient surgery, or help with grocery shopping. The more fortunate ones may have friends and family members available to take them, but many older adults are

isolated and do not have any social support. Standing at a bus stop or

calling a cab may not be a feasible option.

For someone who is frail, maybe a little confused, and living alone, the best choice for transportation is a caring and dependable volunteer. The volunteer driver can assist with getting in and out of the car, with getting a person to the right place at the right time, with loading and unpacking groceries, all the while providing needed social interaction.

Without being able to access these vital services, an older adult may lack proper health care or

adequate nutrition. Assisted transportation may enable them to live independently in their own homes rather than in a long-term care facility. Currently, there is a great demand for volunteer drivers. This is a wonderful opportunity for someone who may have a couple of hours per week or month to spare.

To become a volunteer, please come to an orientation session on Saturday, July 28, from 9:00-10:30 a.m.; on Tuesday, July 31, 6:00-7:30 p.m.; or on Thursday, August 2, 1:00-2:30 p.m. All sessions are held at Provena Covenant Medical Center, Auditorium B. To sign up, contact Martha Paap (337-2022 or fia@provena.org).

Why not discover how this ministry can brighten your life as well as the life of someone who needs you?

July-August 2007



Q: When I was a kid I received a brown scapular from my teacher as a First Communion present. Is this

devotion to Our Lady of Mt. Carmel still practiced?

A: The brown scapular doesn't get a lot of "press" these days, but for those who wear it, the devotion is very meaningful.

There is a tradition that in the thirteenth century Mary appeared to St. Simon Stock, a Carmelite General, on Mt. Carmel and gave him a scapular, telling him to promote devotion to it.

The scapular is made up of two small pieces of brown wool carrying the image of Mary, connected by two ribbons and worn under the clothing on the breast and back as a sacramental and as a badge of a third order or confraternity. It symbolizes Mary's special protection and calls upon wearers to consecrate themselves to her. It also serves as a reminder of the gospel call to prayer and penance, a call that Mary herself modeled for us in a special way.

The small scapular is intended to be

a modified version of the full-length brown scapular, a long wide band of cloth with an opening for the head that is worn front and back over the shoulders as part of a monastic habit. Mary was clothed in the fulllength scapular, worn by many cloistered Carmelites today, in her appearance to Simon.

Devotion to Our Lady of Mt. Carmel goes back to the twelfth century. Hermits living on Mt. Carmel built a chapel there dedicated to Mary, and by the thirteenth century they'd become known as Brothers of Our Lady of Mt. Carmel. They soon celebrated a special Mass and Office in honor of Mary, and in 1726 it became a celebration of the universal Church under the title of Our Lady of Mt. Carmel. For centuries the Carmelites have seen themselves as specially related to Mary, and their great saints and theologians have promoted devotion to her. The feast of Our Lady of Mt. Carmel is celebrated on July 16.

* * *

Questions about Catholic practice or Catholic teaching may be sent to the Communications Committee in care of the parish office.

Sr. Charlene From page 1

Hall, a Redemptorist International Pastoral Centre. In the surroundings of the beautiful Georgian manor, which has embellished the surrounding countryside for 300 years, Sr. Charlene will experience living in an international community in a warm and homely environment, share in group liturgies, enjoy a lecture program with international speakers, study and reflect in small groups, and revel in an 8-day pilgrimage to Rome and Assisi. During her time there she will also have the opportunity for refreshing recreation through art, yoga, swimming, and relaxation. In the fall Sister will take up a new ministry at a place still to be decided.

Vocation Prayer



Dear Lord, you are the source of all created life. We praise you for the beauty of creation and for the many gifts that surround us and remind us of you. During these summer days, bless us with an enduring sense of your presence and protection. Inspire more young people to answer your call to the priesthood and consecrated life as a help to us in becoming more fully the Body of Christ in this world you have made.

Volunteer Opportunities

Some wheelchair residents at Champaign County Nursing Home need help getting to their chapel for Mass on Fridays. Can you help, either weekly or once a month? St. Patrick's Guild: Sandy Anderson, 469-2416

Sharing your faith with children and teens as a catechist in the parish religious education program is rewarding on several levels—if you haven't tried it, you're missing something special! Children's program: Suzanne D'Andria, 531-7015; Youth program: Peggy Loftus, 531-7016

A friendly visit by someone who also brings Holy Communion makes a world of difference to someone unable to come to church. The pastoral care of parishioners who are homebound or residents of local nursing homes urgently needs volunteers to continue this compassionate ministry. Can you help even once or twice a month? Pastoral care: Donna Thompson, 688-2701

Vital to the life of the parish is the well being of its employees. Assistance is needed to continue the research and monitoring of the parish's personnel guidelines that assure all salaried employees of the parish of fair employment practices and competitive compensation levels. Personnel Committee: Cindy Kelly, 355-0541



Parish groups can submit entries for this column to the Communications Committee or by calling Margaret Stewart (356-9475). Provide your name and telephone number or e-mail address, and the name of your group.

Coming Soon: The Guild's Cellar-to-Garret Sale

St. Patrick's Guild is happy to announce that two couples have accepted Fr. Joe Hogan's invitation to co-chair the annual Cellar-to-Garret Sale this year. But Jim and Jennifer Richardson and Erin Dunn and Henry Emerle are counting on the help of other parishioners in this huge undertaking, so please don't be shy

about coming forward to offer your assistance with various aspects of the sale.

Coordinators are needed to receive donations at the parish garage at a specific time one day a week in the month before the sale. Coordinators are also needed to solicit and prepare food for the workers. Another coordinator job involves organizing the furniture and other large objects to be sold from the garage. The new co-chairs will determine the other tasks that are in need of coordinators.

Now is the time to start gathering your items for the sale. All must be clean and in good condition. Donated clothing must be wearable, clean, and in style—if you wouldn't wear it, please don't bring it. Remember that, according to law, mattresses and baby cribs cannot be accepted for resale, although baby clothing and other baby furniture and toys are welcome if clean and in good

condition.

You'll want to make note of the following schedule for

volunteer helpers (exact times to be determined by the co-chairs and their coordinators):

Sunday, Aug. 12: Bring boxes and bags from the garage to the main hall.

Monday, Aug. 13, through Thursday, Aug. 16: Help unpack, sort, and place items on tables or racks; price items; clean up for the sale opening.

Thursday, 5 p.m., Aug. 16: First night of the sale, admission \$1/person.

Friday, Aug. 17: No admission fee.

Sale prices as marked.

Saturday, Aug. 18: Bag Sale, \$2/grocery sack.

To volunteer whatever assistance you can offer, please call Jim and Jennifer Richardson (351-2007) or Erin Dunn and Henry Emerle (353-0298). Everyone is welcome! Please bring your friends, whether you are workers or customers!



Sunday, July 22 2 p.m.: Guild meeting 2:30-4 p.m., Ice Cream Social, all parishioners invited

Thursday-Saturday, Aug. 16-18
Annual Cellar-to-Garret Sale
Co-chairs: Jim & Jennifer Richardson, Erin Dunn & Henry Emerle

Thursday, Nov. 1,
7-9 p.m., Fall Fashion Show & Guild Meeting
Desserts & Beverages Served
Chair: Carole Rebeiz

Saturday, Dec. 1

10 a.m.-2 p.m., Christmas Bazaar

Craft Vendors (tables for rent)

Donated Gift Basket Raffle

Café with coffee, tea and pastries for sale

Take-home plates of Christmas cookies and pastries for sale

Chair: Kristi Turner

Sunday, Feb. 10 8:30-noon (or sell-out), Valentine's Day Gift Sale

Saturday, May 17
2-4 p.m., High Tea
Election and installation of officers
Chair: Susan Hublein



Welcome to new parishioners
Brent and Tina Fleming, Paula and
William Besson, Wayne Bonnell,
Sandra and William Coleman, Edward Maher, and Shawn and Terri
Sullivan Wax.

Farewell to the following parishioners who have moved away: Grant and Jessica Callahan and Lindsay Gilmore.

Welcome to the following, baptized into our faith community: Macy Elizabeth Reed-Thompson, Jacob Robert Sherman, Isabelle Rose Jordan, and Jacob Thomas.

Congratulations to these couples, married at St. Patrick's: Kelli Williams and John Wegerzyn and Elizabeth Amberg and Charles McCartney.

Please pray for deceased parishioner Robert Link.

Also remember in your prayers the many seriously and chronically ill members of our parish, whom the "Privacy Act" prevents us from naming here.

American Red Cross babysitter certification offered

Gain the skills and confidence you need to be a great babysitter or parent's helper by attending the American Red Cross Babysitter Certification course. This course is also beneficial for prospective parents or anyone interested in increasing knowledge about caring for children. The one-day class, sponsored by St. Patrick's Parish Nurses, will be held at St. Patrick's on Saturday, July 21, from 8:00 a.m. to 4:00 p.m.

The course will cover such important topics as basic child care or parenting skills, choosing ageappropriate activities for children,



identifying safety hazards, basic first aid training, and even résumé writing. At the completion of the course the official American Red Cross certifi-

cation in babysitting is awarded to participants.

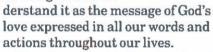
The cost is \$35.00, and scholarships are available. Lunch and snacks will be provided. Anyone the age of 11 and over is welcome. Because space is limited, please register as soon as possible by contacting Nancy Roth (469-0009 or nancy@clrsoftware.com). Anyone interested in donating toward

provision of a scholarship is also asked to contact Nancy Roth.

Participants share experiences of Disciples in Mission program

Gaining a greater understanding of the meaning of "evangelism" was a consensus of the parishioners who gathered to share their experiences of Disciples in Mission. The occasion was a Mass and dinner on May 24 to mark the conclusion of the three-year program.

One individual explained that his concept of evangelism had formerly been in the context of a television preacher or fundamentalists, but now he has grown to un-



Mary Long, parish Coordinator of Evangelization, remarked that the end of the program does not mean the end of the parish's emphasis on evangelism. Rather, the parish is launching into other avenues for increasing our understanding. "We are in this for

the long haul," she said, quoting from From Maintenance to Mission.

Much of the current emphasis on the importance of evangelism is based on Pope Paul VI's apostolic exhortation "Evangelization in the Modern World," in which he wrote: "Evangelization means bringing the Good News into all the strata of humanity and through its influence transforming humanity from within and making it

At the dinner, Mary Long recognized the leaders of the small Disciples in Mission study groups and introduced the special guests: Deacon Greg Serangeli, Diocesan Director of Evangelism, and his wife, Sharon, and Char Otto, who has been chairing the program at St. Edward's church in Chillicothe.

Parishioners who want to deepen their understanding of evangelism by joining a Bible study group or a base community are invited to call Mary (367-2665).

Attention. **Base Communities!**

Communications would like to do an article for In Focus about St. Patrick's base communities and the ways you serve the parish and the larger community. To be included, please choose a contact person and leave a message for Cathy Salika (367-7861) by July 22. (We'd call you, but we don't know who you are!) One of our intrepid reporters will get back to you to ask about your service activities. Thank you!



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From our Sister Church

Dear Mr. Youakim,

Greetings from Beit Jala. I hope you are doing fine.

On June 1 we celebrated Pentecost. Many parishioners and youth groups participated in it. It was a great celebra-

tion. It started from Crimezan Convent to Beit Jala Convent (Seminary). I'm attaching some pictures of the event.

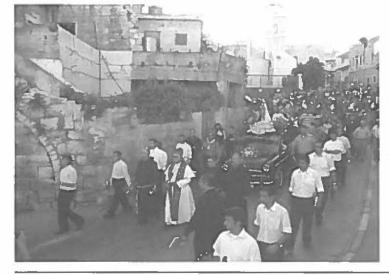
You are always in our thoughts and prayers...we will be happy to hear from you all your news. God bless you all.







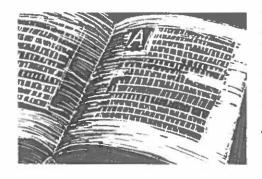






Reading for discernment

Members of the Worship Ministries team and other interested parishioners will meet at 8:30 a.m. on Saturday, July 7, to discern a liturgical theme for fall Sundays of Ordinary Time. The Scripture stories can lead us to see just how extraordinary and how graced this time can be. The Scriptures for these Sundays will be



read and prayerfully broken open to see how God is speaking to us through them.

You most welcome to join in reading the Scriptures, or simply to listen as they are prayerfully proclaimed and help to discern a theme. Coffee and juice are provided. For more information call Chris Ángel (367-2665) or Nancy Olson (359-6424).

Independence Day, 2007

"I will make of him a great nation,"

states the reading
assigned for the
Fourth of July week in
Ordinary Time, telling
the story of Hagar and
her son, Ishmael.
Muslims claim this
first-born son of
Abraham as their



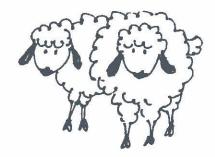
ancestor in the faith, one who carried the true word of God. They believe that the promise of God to make of Ishmael a great nation is fulfilled in those who call themselves Muslims. Jews and Christians claim Isaac, son of Abraham and Sarah, as their own. The conflict between us is deep and ancient, and yet if we are not all brothers and sisters in Christ, we are at least half-siblings and children of the same God.

In the gospel Jesus casts out demons; let us call on this power of God to defeat the demons that divide us and find that common ground where we can all claim to be at home as children of the one God. For peace, we pray to the Lord.

The Prayer of One Who Feels Lost

Jesus. My shepherd God, If you're a shepherd surely you should know that leaving ninety-nine to look for one is kind of crazy... Is that your message, Lord? Is your love for me a little bit crazy? Is that what you're trying to tell me? I just want you to know, Lord, that every time I feel lost I remember your story of the lost sheep. You can leave ninety-nine to look for me any day even if it is a little bit crazy.

> -Macrina Wiederkehr source unknown



In Focus

St. Patrick's Parish In Focus is published on the last weekend of the month in Urbana, Illinois. News items and information may be submitted by mid-month for the next issue. Written materials must include the name and telephone number of the writer.

Please leave news items in the Communications Committee's mailbox in the parish center, or call a committee member. All submissions are subject to review and/or editing by the committee and staff. By-lines are generally omitted.

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Articles and information for this issue were provided by Mary Rose Cottingham, Suzanne D'Andria, Pat Fettig, Mary Fonner, Mary Long, Mary Lou Menches, Sharon Monday-Dorsey, Ellen Noonan, Nancy Olson, Martha Paap, Leslie Risatti, Nancy Roth, Cathy Salika, Margaret Stewart, and Joseph Youakim. This issue was edited by Mary Lou Menches and paged by John Colombo and Tim Colombo.

The parish staff will be on retreat Aug. 13-14, and the Parish Council will be on retreat Aug. 26. They will be grateful for the support of your prayers.

Quick fixin's from the kitchen of . . Mary Rose Cottingham

Made Ahead Potatoes

- 12 medium potatoes
- 18-oz carton sour cream French onion dip
- 18-oz pkg cream cheese, softened
- 1/4 cup melted butter paprika

Cook potatoes until done and then mash. Add dip, cream cheese, and half of the melted butter. Whip this mixture with an electric mixer, adding a little milk to get a fluffy consistency. Place into a 2-quart glass casserole. Drizzle remaining melted butter on top and sprinkle with paprika. Bake at 350 degrees for 35 minutes. This can be made the day before, but remember to pre-warm the dish before baking.

St. Patrick's Parish July 2007

Urbana, Illinois



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