

# St. Patrick Parish IN FOCUS

www.stpaturbana.org

January 2011

## The "Baking Monk" is coming to St. Patrick's!

Parishioners are in for a treat in January when Father Dominic Garramone, OSB, will come to St. Patrick's to share his spiritual insights and his baking talents. This presentation is not really about baking, but baking will serve as the "yeast" for his talk. On Saturday, Jan. 15, at 9 a.m. in the parish center, Fr. Dom will present "Bake and Be Blessed"-designed to help us strengthen our prayer lives and enrich our experiences of God. Babysitting is provided.



Father Dominic entered Saint Bede Abbey in 1983, made his solemn vows in 1989, and was ordained in 1992. He is the head of the religion department at Saint Bede Academy in Peru, Ill., and teaches church history and Christian doctrine. He is also the drama director and has written two plays. He was the host of the PBS cooking show, "Breaking Bread with Father Dominic," from 1991 to 2001, and has published six cookbooks, most recently Thursday Night Pizza, published by Reedy Press.

This year he has also published his first children's book, Brother Jerome and the Angels in the Bakery. Fr. Dom says he got his culinary education "between my mother's kitchen and the public

library." When not teaching, Fr. Dom can usually be found in the abbey's herb garden.

Fr. Dom will bring copies of his books and other abbey items on Jan. 15 for those who might like to purchase them. Plan to be a part of this very special event, sponsored by the Women of St. Patrick.

We encourage all to attend, as his presentation will appeal to everyone.

## Welcome to the real meaning of Christmas

Sr. Kathleen Hughes, RSCJ, tells the story of a dinner conversation in the student dining room at St. John's University (Collegeville, Minn.). Benedictine Fr. Godfrey Diekmann, a liturgist who helped pave the way to the reforms of Vatican II, got worked up about the key to Christian theology and life: "He startled and silenced a good number of tables around us when he shouted, 'It's not the Resurrection, dammit! It's the Incarnation!'"

Diekmann's lifelong passion was to unfold the startling implications of what he called "the Gospel of divine life." Salvation is first revealed not in Christ's death on the cross or his resurrection, Diekmann believed, but in Christ's conception and birth. Christmas, not Easter, is the moment of salvation.



God's entry into time and history as human revealed human destiny for all of us. Our existence is an invitation to friendship with God; our future is life with God. To be human is to be offered divine life. What Jesus had in essence we are given as gift. The Word is made flesh,

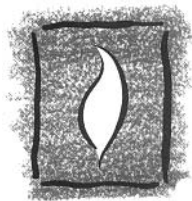
and from that moment, nature is being perfected by grace toward life in God.

Welcome to the real meaning of Christmas.

## From the Parish Nurses:

### January is National Glaucoma Awareness Month

Glaucoma is actually a group of eye diseases that gradually steal sight without warning. It is one of the leading causes of blindness, according to the World Health Organization. More than 4 million Americans and nearly 70 million people worldwide have glaucoma.



There are two main types of glaucoma, both of which are marked by an increase in the pressure inside the eye. When optic nerve damage has occurred despite normal pressure, this is called normal tension glaucoma. Secondary glaucoma refers to any case in which another disease causes or contributes to increased eye pressure. Pain is associated with increased eye pressure. With the most common type of glaucoma, there are virtually no symptoms.

Everyone is at risk for glaucoma. Higher-risk individuals include those over 60, those with a family history of glaucoma, diabetics, and those who are severely near-sighted. Persons of African, Asian, and Hispanic descent are also at higher risk.

The best way to preserve your sight from glaucoma is to have your eyes tested. If you have glaucoma, treatment can be started immediately. Glaucoma is not curable, however with treatment it is possible to halt further loss of vision. Since this is a chronic condition, it must be monitored for life.

## National Migration Week: Why we care

"Renewing Hope, Seeking Justice" is the theme for the 2011 National Migration Week, Jan. 2-8. The observance began more than a quarter century ago by the bishops to provide Catholics an opportunity to take stock of the wide diversity of the Church and the ministries serving them. As the face of our local churches continues to change, this is becoming increasingly important.



Following the lead of Pope Benedict XVI, the bishops are focusing on migrant families and the strains that migration has on them, especially the effect of economic underdevelopment in this process.

Each year the U.S. Bishops' Committee on Migration helps us, through this observance, to realize the value and importance of our own individual and family heritage, as well as the need to welcome and integrate newcomers and people on the move into the life of our country and the Church.

In the culturally diverse community in which we live, heavily influenced by the presence of the University of Illinois, we become increasingly aware that the fabric of our society is made up of the time, talent, and treasure that each person brings to its texture.

National Migration Week provides opportunities for us to:

- (1)

Learn more

about the various cultures and traditions that are part of our community, and appreciate their enhancement to our lives;

- (2) Pray for people worldwide who have had to flee their homes because of injustices, war, and persecution;

- (3) Advocate for just legislation and human rights on behalf of immigrants, migrants, and refugees here in the U.S.;

- (4) Engage in the social and cultural activities of various ethnicities in order to be educated about them and to enjoy them.

"We are all newcomers," wrote Bishop Theodore E. McCarrick, "people on the move, even those of us born in the U.S. who celebrate our heritage of parents, grandparents, and great grandparents who came to this country in hope, as people do today, seeking peace and justice. Each comes bearing gifts that add to the fabric of our society, a fabric woven together of such values as family, enterprise, culture, faith, skill, and a desire to strengthen community life in America."

## St. Joseph, husband and protector

Christmas! Beautiful and endearing images come to mind: the star, shepherds, angels, the three kings, the infant Jesus lying in a manger with Mary at his side, and Joseph.



It was Joseph to whom God entrusted his only son and Mary. What was Christmas like for him? It is easy to imagine his frustration and anxiety at being unable to find adequate shelter for his pregnant wife, and his disappointment at the poor shelter that

was finally made available for them.

When he placed the infant in Mary's arms, what did he see—a baby or a God-child? Did he wonder at the responsibility he would assume in caring for Jesus?

Was he overwhelmed at the thought, or filled with wisdom and strength from the Holy Spirit?

As we welcome the infant Jesus with his mother, Mary, give thanks as well for the man to whom God gave the care of both-Joseph.

## Epiphany: God does something new!

The feast of Epiphany is one of the oldest feasts of our faith, so it should come as no surprise that it is as rich with symbol and custom as its younger sister, Christmas. The Holy Family received visitors on Christmas - the shepherds, Jews-like themselves. On Epiphany they received visitors from afar-the Magi, from pagan lands. Through them the world began to know that God was at work, doing something new. Whether your heritage is Jewish or Gentile, you can find your people in the story of the Magi.

Many lands have distinctive customs for Epiphany. In some places, gifts are shared at Epiphany rather than on Christmas, in memory of the gifts brought by the Magi. Because the Magi came to the place where the Holy Family was living, a blessing of homes is the custom in many places. A pageant recalling the journey of the Magi is performed in some countries. Because the Magi were foreign travelers, many people remember the needs of migrants on this feast.

Many will remember the custom



of writing the year and the letters C, B, and M above the door of a house like this: 20 + C + B + M + 11. There are two stories about this custom. One is that the Magi, whose names are traditionally given as Caspar, Balthazar, and Melchior, left their initials. (Tourists!) The other story is that the letters stand for "Christus mansionem benedicat," which means: "May Christ bless this house."

In some of the Eastern churches, Epiphany recalls Jesus' birth, the coming of the Magi, Jesus' baptism, and his first miracle, turning water into wine at the marriage at Cana. The common thread among these events is that Jesus is gradually made known to the world as the Son of God. In the Roman church, however, this feast focuses on the arrival of the Magi. The other events are celebrated during the Sundays that follow Epiphany. This gives us more time to savor them, but it is good to recall the continuity among them.

We live in the time of God's unfolding revelation. It happens in each of our lives as we grow in faith. It happens in our world as we stumble, somehow, toward the fulfillment of the Reign of God. Let this Epiphany remind you of the journey we are on!

Lord, no one is ever a stranger to you, and no one is ever far from your loving care. In your kindness, watch over us on life's journey, and bring us home to you at its end. Amen!

## St. Patrick's hosts Inter-Faith Community Memorial Vigil

Each year since 1989, a number of churches in the Champaign-Urbana area, including Holy Cross Church, St. Matthew Church, St. Patrick's Church, and First Wesleyan Church of Urbana, have sponsored an inter-faith community memorial vigil on Jan. 22. This is the anniversary of the promulgation of Roe v. Wade, the fateful Supreme Court decision that legalized abortion in the United States.

The purpose of this vigil is to commemorate the millions of unborn persons who have lost their lives as a consequence of abortion. The service will include Scripture readings, community prayer, and meditative speeches by persons engaged in upholding the Culture of opportunity to reflect on the importance of affirming the dignity and humanity of every unborn child.

This year the memorial vigil will be held at St. Patrick's Church Saturday, Jan. 22, at 7:30 p.m. The theme of the service will be "Life and Love: Unconditional Gifts." Speaking at the service will be Pastor Shannon Caughey of Twin City Bible Church, Urbana, and Sally J. Williams, Director of Urban Life Matters, a pro-life ministry that serves urban communities in Indianapolis and other cities in Indiana. Following the service there will be a reception in St. Patrick's parish center.

This is a great opportunity for all parishioners to demonstrate our faith by supporting Respect Life and participating in this event.



## Laura Theby: Music maker and baker par excellence!

When we were young we often heard that "children should be seen and not heard." There is a member of our parish staff for whom the reverse is true; we have all heard her, but some of us may not have seen her. Our music director, Laura Theby, provides us with the music that inspires and lifts our hearts during liturgy, but the location of the loft keeps her from sight. Let's get to know her a little better!

Laura is a native of St. Louis - evidenced by the Cardinals' pennant hanging above the door to her office like a talisman. (Now we know why Fr. Joe always calls her to his office when he needs to see her!) She is the third of four children from a close-knit family. In fact, she talks to at least one member of her family every day.

Her oldest brother, Fr. Jim Theby, is a priest of the St. Louis Archdiocese, and she will be joining him on a pilgrimage to the Holy Land in January. She follows a sister, Jen, in the birth order; Jen is a campus minister in a Catholic women's high school in St. Louis. Her younger brother, Jacob, works in the area of computer graphics and animation. Her mother is a nurse, her father a computer engineer. Laura is the only one of her siblings who plays a musical instrument, but her sister is a fine vocalist and has on occasion graced our parish liturgies with her singing.

Laura has had a lifelong interest in music and began taking piano lessons when she was eight. She



earned Bachelor of Music degrees in Piano Performance and Piano Pedagogy, and later a Master of Music in Piano Pedagogy from the University of Illinois. Her pedagogy degrees have served her well; she teaches private piano students in the small amount of free time she has away from her position with the parish. Many of her students are children from St. Patrick's, Holy Cross, and St. Matthew. She sang in all the choruses in college (except, of course, the all-male ones!) and still sings with the Oratorio Society. All of these experiences help her as she conducts the various choirs here at St. Patrick's.

How does she relax? She loves to play with her kitty, Clara, and watch movies. Disney movies are a favorite because she finds them relaxing and, of course, she knows all the words to the songs and can sing along. She also enjoys documentaries. Reading also helps her relax: she has read all the Harry Potter books, but claims *Pride and Prejudice*, by Jane Austen,

to be a life-long favorite. She has also read *The Chronicles of Narnia* and *The Hobbit/Lord of the Rings* more than once. Most recently she has read *The Bookseller of Kabul*, *A Thousand Splendid Suns*, *The Seven Story Mountain*, and *The Nineteenth Wife*. Among her favorite movies are *When Harry Met Sally*, *Hero*, *Sabrina*, *Finding Neverland*, *Mary Poppins*, and *Back to the Future*. She loves the BBC version of *Pride and Prejudice*.

Laura is a vegetarian who likes Thai food, sushi, Italian, and a rather eclectic mix of dishes. Baking is one of her favorite pastimes. She makes cookies, cakes, breads, pies, scones, cobblers, and other sweet treats all from scratch! It should come as no surprise that her favorite recipes come from her family: her mother's chocolate chip cookies and an Irish chocolate potato cake. Choir members can attest to her baking skills, as she shares her treats with them regularly.

When asked to reveal an interesting but little known fact about herself, she didn't have to think for long: when she is crabby, she puts on the video of *How the Grinch Stole Christmas*. It helps her realize, she said, that "if his heart can grow three sizes, so can mine!"

Of St. Patrick's, Laura said that she loves the good, supportive, and welcoming people. She truly appreciates the number of people who volunteer their time as

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See **Laura** on page 5



## Veterans honored at luncheon

There's full, and then there's church potluck full.

On Nov. 10 the Women of St. Patrick hosted a luncheon in honor of parish veterans. It was a time to pray, a time to hear individual stories of service to our country, and-of course-a time to eat, eat, and eat some more.

The luncheon began with a prayer service presided over by Fr. Joe. Those in attendance gave thanks for the parishioners, family members, and loved ones who've served in our nation's military, asked for protection for the troops currently serving, and prayed that God would bring us closer to the end of all wars.

This led into the meal, and oh what a meal it was! Chicken breast and ham were the main course, but the array of potluck salads and side dishes posed a delectable dilemma for attendees. Many were overheard complaining about a lack of room on their plates just a third of the way along the buffet table. The solution most embraced was a second, or even third, trip to the buffet. And yes, there was also a dessert table.

While the contented ladies and gentleman of the parish munched their way through the midday meal, veterans in attendance spoke in turn

about their personal experiences serving in our nation's military. A surprisingly large and diverse group, the veterans spoke of deployments all around the world in a variety of our nation's conflicts.

Some spoke not as veterans but as the loved ones of soldiers either currently serving or deceased. The stories were moving and underscored the need for an increase of peaceful thoughts, actions, and attitudes in the world.

A Vietnamese refugee and parishioner, Quyt Nguyen, gave a very emotional thank you to all the veterans who had served in Vietnam. His remarks meant a great deal to all present, but perhaps especially to those veterans.

The veterans and families of veterans brought photos, medals, and other memorabilia, which were on display throughout the luncheon. Each veteran received

a Veteran's Flag Service Pin, donated by parishioners Ken and Marie Horn.

The next WSP rosary and luncheon is on Wednesday, Jan. 12. Parishioner Rosemary Mathy will give a presentation on movement for people of all ages, sharing her knowledge of exercise and aging. Her presentation will appeal to both men and women, especially those of us who find our joints stiffening!



## Laura from page 4

instrumentalists, singers, and cantors, and all of us singers in the pews willing to help create beautiful liturgies. She feels that stepping into a well-developed music program has helped her to grow as a musician and leader.

Whether directing the choir, choosing music to enhance parish liturgies, playing for funerals and weddings, or planning a prayerful Taizé service, Laura's presence is always felt and always heard. She has put the mark of her own beautiful musical style on our collective parish heart. We are blessed to have such a talented musician leading us in making "a joyful noise unto the Lord."

### January Patron Saints



Fr. George Wuellner

## St. Patrick's Seniors enjoy Christmas luncheon

It was a beautiful, Advent day complete with snow outside and warmth inside as 35 people met for a joyous Christmas party. There were plenty of good things to eat, and members brought items for the St. Vincent de Paul food pantry. We welcomed new members and guests, Gail Rogers, John Wyman, Lucy Freeman, and Mary Erlandson,

Members poured a second cup of coffee to enjoy while taking a virtual trip to the Holy Land via Mary Long's slides and narration. Some of the many historic scenes grounded in our Catholic faith were of the Church of the Annunciation, the Sea of Galilee, the Garden of Gethsemane, Mt. Tabor (site of the Transfiguration of Jesus), the Stations of the Cross on the road walked by Jesus - the Via Dolorosa, the Church of the Nativity, and the tomb of Jesus in the Church of The Holy Sepulchre.

Pilgrims celebrated Mass at most of the churches they visited. Especially memorable events were of Fr. Hogan's parents renewing their wedding vows and Joe and Ellen Abel renewing theirs. The group also

met with members of St. Patrick's sister church in Beit Jala, near Bethlehem.

To complete the afternoon, some members stayed to play cards with the Cards, Coffee, and Conversation group. Call Chris Whippo (352-7263) with questions or to join. The group meets the second Thursday of each month at 1:00 p.m.

The Seniors' next meeting will be Tuesday, Apr. 26.



Mary Long displays a map of the Holy Land, with places marked that had been visited by the pilgrims.



God, our Father, we ask you to hear our prayers for your Church. Through your grace, we seek men and women willing to offer their lives to you in the priesthood and religious life. Guide those discerning your call to holiness and service. Help us to encourage and support them as they seek to know how best to serve you. We ask this in Jesus' name.



**Q:** I keep hearing that some of our Mass responses and prayers are being changed. When will we start using

these-and why are they being changed?

**A:** All U.S. parishes will officially implement the changes on the First Sunday of Advent, 2011. Well before then, parishioners will be introduced to these changes to ease the transition. The Mass itself will not change, but the wording of some of the prayers used by the priest and some of the prayers and responses used by the congregation will have been revised.

Why the changes after all these years? The translation of the Mass that we are using now employs a

kind of translation called "dynamic equivalence." This kind of translation strives to communicate a thought in a way that is natural in English, even if it isn't literally what the Latin text says. In 1991, the Vatican's Congregation for Divine Worship and the Discipline of the Sacraments issued a document, *Liturgiam Authenticam*, requiring new translations that are more faithful to the original Latin texts.

The difference between the two can easily be seen in the following example. The Latin response to "The Lord be with you," is "Et cum spiritu tuo." The familiar response, "And also with you," is reasonably natural in English. The new translation, "And with your spirit," is more faithful to the Latin. One effect of the change is that the language that we use at Mass will be more distinct from everyday speech.

Some of the changes are in spoken responses; some are in parts of the Mass that we usually sing. Musicians throughout the English-speaking world have been working for several years to prepare options for our sung prayer. Sometimes a small change can easily be made; sometimes it is simpler to learn a new setting. So that we don't have to deal with a lot of change on the First Sunday of Advent, 2011, our music director, Laura Theby, says that we may start phasing in some of the sung changes a little earlier.

In coming months we can expect an introduction and explanation of the changes to be implemented.

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Questions about Catholic practice or Catholic teaching may be sent to the Communications Committee in care of the parish office.

# From Dr. Susan Nagele

Box 80096-80100  
Mombasa, Kenya  
nagelesusan@gmail.com  
susannagele@yahoo.com  
2nd December 2010

To all the good people of St. Patrick's,

Greetings once again from Mombasa, Kenya! As I wrote last September, I had a whirlwind trip to the U.S.-visiting Illinois, Colorado, Idaho, and Minnesota during the month I was there. I managed to see some of you when I was in town and was especially happy to meet with the Engaging Spirituality group, of which I am now an alumna!

I was also able to vote on Oct. 18 before I left Urbana and must say that this is one service that our country provides very well. After seeing how people in Kenya and Sudan have struggled with their elections, I will never take this privilege for granted. There is a very important vote coming up in Sudan on Jan. 9. The people of the south will decide whether they want to remain united to the north or secede and form a separate country. For a country that has known little other than war since 1955, this is an historic moment. If you would like to join us in praying for a peaceful referendum, you can find a booklet (Reflections for 101 days of Prayer towards a Peaceful Referendum in Sudan - Change Your Heart Change Your World) with the following link: <http://peaceinsudan.crs.org/wp-content/uploads/2010/PDF/101-Days->



of-Prayer-for-Sudan.pdf .

Kenya had a very peaceful referendum in August when they approved a new constitution, a wonderful example to other countries on the continent. Now everyone is working hard to implement the new reforms. Our job in health care is to keep people healthy enough to do that. The health department in the archdiocese now has a new clinic above the church in one of the slums. We are in the process of renovating a clinic in a remote rural area near the Tanzanian border. When I visited in November, it looked like it could be finished by the end of the year.

At the end of October I attended a seminar about the government's new program to prevent transmission of HIV/AIDS from pregnant women to their babies. If nothing is done, 40% of the infants born to infected mothers will be infected and die before age two. If we succeed with education, prevention, and treatment, we can decrease this to 0-2%. It will take a lot of work, but that is our goal and a

priority for our work in the archdiocese in the coming year.

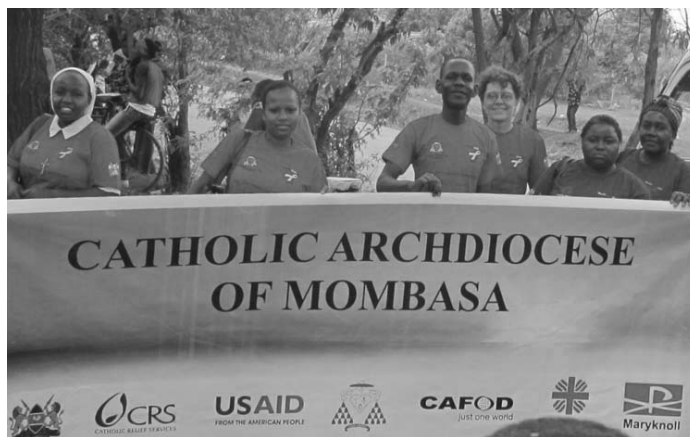
On Dec. 1 we went to Taveta, the farthest corner of the archdiocese, on the border with Tanzania, to celebrate World AIDS day. A lot of stigma there prevents people from knowing if they have the HIV virus and from getting the treatment they need. One of the parishes nearby hopes to renovate an old building into a small clinic, which fits right in with our plans to target pregnant women and children under five for preventive care.

Recently St. Pat's sent us \$5000. I know that the economy has been slow and many of you are struggling to pay bills so this money wouldn't have come easily. At Thanksgiving we remembered all of you with much gratitude for your support during the past year. We are now into Advent, anticipating the birth of Jesus. May the rebirth of this little one in our own hearts help us to bring peace and joy into the hearts of others throughout the world.

Merry Christmas,

Susan Nagele

We are grateful for your prayers and financial support. If you would like to know more about Maryknoll Lay Missioners, log onto our Web site ([www.mklm.org](http://www.mklm.org)) or call toll free 1-800-867-2980.



## Holy Cross Happenings

We are all called to be "persons for others," and the students at Holy Cross School have tried to live up to this calling during the month of November.



We are most proud of the "Holy Cross in the Community" projects our students in grades 5-8 have participated in this month. They have moved out into the community to help at many agencies, volunteering their time and talent. They have cleaned tables and packed lunches at the Daily Bread Soup Kitchen. They have sorted clothes and assembled Thanksgiving baskets at Salt and Light. They have played bingo with the residents of Helia Care. They have done yard work at Circle of Friends. They have entertained the veterans in the Danville VA Hospital. These are but a few examples of what they have done this month. They are enacting the words of St. Teresa of Avila: "Christ has no body now but yours. No hands, no feet on earth but yours.... Yours are the hands through which He does good."

The school will be hosting several open houses for prospective families to help them know what Holy Cross School has to offer. The opportunities to visit take place on Jan. 19, Jan. 27, and Feb. 2. Please come

from 9 a.m. to noon to visit the classrooms and talk with current parents in our school. If these times are not convenient, please call (356-9521) to set up an appointment. We welcome the opportunity to visit with you.

Kindergarten Information Night is Jan. 25 at 6:30 p.m. in the school. This evening will focus specifically on the kindergarten program, with kindergartners joining their teachers in classrooms for various fun activities.

Catholic Schools Week will be celebrated during the week of Jan. 31. In addition to the open house on Feb. 2, the school will present a week of activities such as the annual talent show and special prayer services. Check the school's Web site ([www.holycrosselem.org](http://www.holycrosselem.org)) for a complete schedule as the time approaches.

Especially at this time of reflecting on our many blessings, Holy Cross School administrators are grateful for the generous support of St. Patrick's parishioners. Thanks to you, we are able to continue our 98-year-long mission of educating young people.



*Kayley Schacht (5th grade) and Molly Smith (8th grade) sort clothes at Salt and Light in Champaign as part of their service.*



*Parents and students from Holy Cross help Salt and Light prepare for the holiday rush.*

## Special calls for volunteers

- With the loss of the parish library computer, all or most of the library records stored there have also been lost. Lori Mestre, parish library coordinator, faces a mammoth task of re-entering data for the books and other materials available in the library so they can once again be accessed. Can you help in any way? Lori Mestre, 365-9004

- The Parish Council has begun its search for parishioners to stand for election to a three-year term on the Council next April. Is this a way you might well serve your parish community? Pray, listen, act. Shelly Benson, 352-7230 or [shellybenson@gmail.com](mailto:shellybenson@gmail.com)

*Parish groups or individuals can submit entries for this column to the Communications Committee or contact Mary Lou Menches (344-1125 or [mmenches@illinois.edu](mailto:mmenches@illinois.edu)). Provide your name and telephone number or e-mail address with a brief description of the kind of help being sought.*

### Did you know . . . ?

- There is no bell in St. Patrick's bell tower. Why? A neighbor's unusually large donation to the building of St. Patrick's church stipulated that no bell be installed—the donor did not want to be awakened on Sunday mornings by the ringing of bells!
- Plans for the expansion of St. Patrick's church and parish center include a full-size elevator and new meeting rooms on the lower level.





**in our parish library**

The New Year brings hope for and resolutions about beginning anew-of being a better person to ourselves, to others, and to God. The following books are representative of materials that can be found in the parish library. Once you locate the call number on the shelf, scan other books in the same section for similar books on these topics. Happy reading!

- *The Art of Happiness: A Handbook of Living*, by His Holiness the Dalai Lama and Howard C. Cutler, M.D. Through meditations, stories, and the meeting of Buddhism and psychology, the Dalai Lama shows us how to defeat day-to-day depression, anxiety, anger, jealousy, or just an ordinary bad mood. He discusses relationships, health, family, work, and spirituality to show us how to ride through life's obstacles on a deep and abiding source of inner peace. Call Number: 294.3 LAM 1998

- *Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life*, by Thomas Moore. Thomas Moore, an internationally renowned theologian and former Catholic monk, offers a philosophy for living that involves accepting our humanity rather than struggling to transcend it. By nurturing the soul in everyday life, Moore shows how to cultivate dignity, peace, and depth of character. Call Number: 158 MOO.

- *Chicken Soup for the Soul at Work: 101 Stories by Jack Canfield, et al.* This is a special collection of inspiring tales that share the daily courage, compassion, and creativity that take place in workplaces everywhere. This book gives you new options, new ways to succeed, and, above all, a new love and appreciation for yourself, your job, and those around you. Call Number: 331.25 CAN 1996.

- *Chicken Soup for the Christian Soul 2: Stories of Faith, Hope, and Healing*, by Jack Canfield. These stories are reminders of the daily miracles that can be discovered when you've welcomed Christ into your life. The stories may move you

to deepen your compassion for others, to be inspired to greater acts of charity, and to remember to forgive others and yourself. Call Number: 242 CAN.

- *The Heart of Hope: Contemplating Life, Awakening Love*, by Michael Downey. More than a book on how to change your life, this is the story of a man whose life and heart were changed, inadvertently, forever. Like a walk with a spiritual guide, you will finish the book feeling that your heart has been refreshed and awakened. Call Number: 942 DOW 2005.

- *How to Be Like Jesus: Lessons on Following in His Footsteps*, by Pat Williams. Call Number: 233 WIL.

- *Will the Real Me Please Stand Up? 25 Guidelines for Good Communication*, by John Powell, S.J., and Loretta Brady, M.S.W. Powell is one of the most popular spiritual writers of our time. This book is about the masks we unwittingly put up to protect ourselves and how they get in the way of real communication, preventing intimacy in our relationships. Full of practical

tips on how to be more in touch with ourselves, how to share ourselves and reveal the person behind the barriers. Call Number: 302 POW.

- *Spiritual Fitness: Everyday Exercises for the Body and Soul*, by Doris Donnelly. Call Number: 248 DON.

- *Too Busy NOT to Pray*, by Bill Hybels. Call Number: 242 HYB.

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*If you need help locating materials in the library, Lori Mestre (365-9004), library team coordinator. She will be pleased to help. The parish library is open weekdays during office hours (ask for a key at the parish office) and on the fourth and fifth Sundays of the month from 8:30 to 10:45 a.m.*



The deadline for submitting information, articles, and news items for the next issue of In Focus is January 16.

**Quick fixin's from the kitchen of . . .**

Barbara Peckham

**Rocky Road Dessert**

- 12 oz chocolate chips
- 2 c mini marshmallows (or cream)
- 4 eggs (separated)
- 2 T sugar
- 1 pt whipping cream (whipped)
- 1 angel food cake
- 1 c chopped nuts (optional)



Melt chips and marshmallows in double boiler. Add egg yolks and cool. Beat egg whites with sugar until stiff; fold into the whipped cream. Fold this mixture into the chocolate mixture. Add nuts if desired. Break cake into bite-sized pieces and put them into a 12 x 14 inch pan. Pour whipped mixture over cake pieces. Let stand overnight.

## Christmas Bazaar 2010 a splendid affair

Parishioners crowded the tables in the parish center's main hall. At one side of the room, tables were filled with tempting displays of many different kinds of decorated cookies. Across the hall were tables crowded with hundred-plus baskets, some large, some small, each containing imaginative items on a stated theme. And across the back of the hall were two magnificent "Dept. 56 Villages," complete in every detail, waiting for silent bidders. In the center of the room, round tables displayed numerous items for silent bidders' consideration. All in all, the Christmas Bazaar couldn't have offered more choices to parishioners!

Leslie Risatti and Ceil Weir made it known that this was to be the last year for their inimitable basket wizardry. After more than ten years, they're both looking to retire from making up baskets! Kathy Sarnecki and Jolene McGrogan oversaw the

popular cookie sale, with help from volunteers. The two villages found new homes with Chris Whippo and former parishioner Alice McLaughlin. Mary Ann Luedtke had a busy time of it, keeping track of basket purchases.

When the last cookie had been taken and the last parishioner paid for a selected basket or "silent bid" item, volunteers pitched in and efficiently put everything in order for the next morning. Kathy McKenzie, chair of the Women of St. Patrick, official sponsors of this popular annual event, estimated that it may have raised as much as \$3000!



So thanks to all who made the Christmas Bazaar such a splendid affair—those who baked and decorated, those who donated items for baskets and silent bidding, and those who purchased tasty treats or gift baskets. Thanks to all who volunteered their time in setting up, cleaning up, or helping people with their purchases. Thanks for the almost visible infusion of early Christmas cheer!

### St. Patrick Parish IN FOCUS

**St. Patrick's Parish In Focus** is published on the last weekend of the month in Urbana, Illinois. News items and information may be submitted by mid-month for the next issue. Materials must include the name and telephone number of the person submitting them.

Please send news items to a Communications Committee member, leave them in the committee's mailbox in the parish center, or call a committee member. All submissions are subject to review and/or editing by the committee and staff. By-lines are generally omitted.

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