

St. Patrick Parish IN FOCUS

www.stpaturbana.org

November 2012

Pilgrimage to Spain and France

Part 1 of 2

A pilgrim is one who journeys, especially a long distance, to some sacred place as an act of devotion. Twenty-four pilgrims, many from St. Patrick, recently joined Fr. Joe Hogan to fly a long distance to deeply sacred places in Spain and France. They visited over a dozen sacred places, where Father Joe celebrated Mass each day. They also followed St. Teresa of Avila's seven-step guide to meditation.

The pilgrims arrived at the Madrid airport around noon of the second day. Cristina, their Peter's Way tour manager, expeditor, instructor, and mother hen, met us outside Customs. She introduced them to Veronica, their bus driver. Although Vero looked like a young Cher, she proved herself more than capable at navigating a bus through narrow streets and hairpin curves.

From the airport Cristina introduced them to the beauty of Madrid. Wherever two wide avenues crossed, there would be a huge roundabout with statues and fountains. At the Christopher Columbus plaza they explored the modernistic monuments commemorating Columbus' journey to America.

Reaching their lovely hotel, many were tired because of the lack of

sleep on the overnight airliner. But to help reset their body clocks, they kept moving until dinner. Some shopped or strolled the busy streets nearby; others snacked on tapas at a sidewalk café; many visited the pretty little church across the street.

The first full day began with a typical Spanish breakfast: platters of Iberian ham, sausages and cheeses, baskets of crusty breads and sweet

rolls, fresh fruit for granolas or yogurt, eggs made to order with bacon or chorizo, and even almond and apple tarts.

With full stomachs and maybe an apple

or banana saved for lunch, they boarded the bus to see the highlights of Old Madrid. First was the relatively new Catedral de la Almudena (begun in 1883, consecrated in 1993 by Pope John Paul II). The title "Almudena" comes from the Arabic "almadaina" for city wall. In 1085 King Alfonso VI discovered an image of the Virgin hidden inside the city wall, probably to protect it from the conquering Moors. Next to the cathedral, the Palacio Real (royal palace) must be the most beautiful palace in all Europe. Its Baroque



Giving Thanks

Do you think God likes to be thanked? Does God need to be recognized or appreciated? Can our words make God any greater, or holier, or more glorious? Of course not! God is much bigger than that.



One of the occasional prayers at Mass turns this question on its head. It says that our desire to thank God is one of God's gifts to us. The reason we give thanks to God is that God knows it is good for us to do so.

Giving thanks to God is a wonderful way to begin our prayer. It puts us in a good mental and spiritual place for the rest of our prayer. It reminds us of the greatness of God and our dependence on God.

Giving thanks to God can be a very cheering thing. It helps us to remember God's generosity. Every good thing in the world, every good thing in ourselves and in the people we know, comes from God. When we remember to give thanks, we remember that God's goodness is all around us.

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Pilgrimage Part 1

from page 1

opulence was breathtaking. The pilgrims exclaimed at the beauty and uniqueness of each room and its magnificent chandeliers. From there they walked to the Basilica of San Miguel. There, Fr. Joe celebrated their first daily Mass, with the help of Deacon Gene Triplett and Fr. Joe's niece as the server. After Mass, they explored the Mercado of San Miguel, a colorful 19th-century wrought iron



and glass marketplace. Continuing to busy Plaza Mayor, they watched well-lubricated rival soccer teams singing and challenging each other before a big game. After lunch, they reboarded the bus in Puerta del Sol and drove to the Prado Art Museum. The same excellent docent who led them through the Royal Palace guided them here for two hours. She concentrated on the Spanish Masters: Velázquez, El Greco, Goya, and Murillo.

The next day they drove northwest to the foothills of the Sierra de Guadarrama, stopping first at the huge El Escorial monastery and boarding school. It was built to house the funerary urns of the Spanish monarchs in a magnificent marble mausoleum. It also held the royal



apartments, a basilica, and an art collection rivaling the Prado's. The high point of the day, both in altitude and spirituality, was Avila, where St. Teresa was born in 1515. There they explored the cathedral, the nearby tiny garden in which St. Theresa played as a child, and a small museum holding some of her relics.

Outside Avila's massive walls is the Monasterio de la Encarnacio, St. Teresa's home for forty years. They climbed uneven stairs to visit different rooms St. Teresa had used, some of which are now kept as they were 500 years ago, others containing objects from her time. Fr. Joe had the privilege of celebrating Mass in this monastery, a deeply



moving rite.

The next morning the pilgrims left Madrid for the lovely town of Segovia. This visit began outside the town at the convent of St. John of the Cross. St. John was Teresa's confessor and



disciple, and they are both Doctors of the Church. Fr. Joe celebrated another emotional Mass in front of the elaborate tomb of this simple saint. Continuing into Segovia, the bus dropped them off at the Roman aqueduct to walk up the curving pedestrian way to the Plaza Mayor and the immense cathedral, the last Gothic church erected in Spain. Cristina led them around the huge church, into the cloisters whose adjoining rooms were full of tapestries and religious regalia.

The only negative experience of the whole pilgrimage was a tire blowout between Segovia and Zaragoza. Vero expertly guided the bus to the shoulder of the highway, and then nursed it to a gas station to wait for aid from the bus company. After two hours, they were again en route, to our hotel in Zaragoza where dinner was served at the typical Spanish time of 10 p.m.!

The next morning, they reached one of the most

visited pilgrimage spots in Spain, the Basilica of Our Lady of the Pillar. This is where Our Lady visited St. James before her Assumption. To encourage him, Mary gave him a pillar with her statue on it. This object is now in this Baroque basilica, and the pilgrims attest that it still emits an extraordinary fragrance. Father celebrated Mass there in the Chapel of St. Anthony.

The second half of the pilgrimage will be recounted in next month's *In Focus*.

Help those in need celebrate with Thanksgiving baskets



As November begins and Thanksgiving approaches, many of us begin to think about this holiday. We make plans to visit loved ones, or invite them to visit us. We look over recipes, make shopping lists, and prepare to cook dishes to serve at our table or to share at another's. We may worry about how we will manage to cook so much, how we will get along with family members, whether we will have enough food, or whether we will eat too much.

Amidst these hectic preparations, we might take a moment to breathe deeply and think fully of all the things we are thankful for. As we give thanks for all our blessings, perhaps we can think of how we might show our thankfulness by giving to those who have not been so fortunate.

For a number of years, the St. Vincent de Paul Society at St. Patrick's has given our parish the opportunity to prepare for Thanksgiving by giving to people in need in our community. Each November, volunteers fill and deliver Thanksgiving baskets to about 250 people, whose names are provided by Community Elements, Family Services, and other local agencies.

Each basket—in reality, a cardboard grocery box—contains the makings of an easily-prepared Thanksgiving dinner. A canned ham, canned sweet potatoes and vegetables, canned fruit, margarine, dinner rolls, and a ready-made pie are provided, along with a few more items. With food prices rising steadily over recent months, this will cost more this year. But Food Pantry Coordinator Ellen Abell and her fellow SVDP members hope very much to distribute at least as many baskets this year as they have done in the past.

To this end, they are hoping that St. Patrick parishioners will surpass their past generosity in helping to fill these baskets. A donation of \$25 fills one Thanksgiving basket. Whether you can donate the cost of one or more baskets or only part of a basket, any contribution you can make is greatly appreciated. Donations should be placed in an envelope clearly marked "SVDP Thanksgiving Baskets," and either put in the Sunday collection, or brought to the parish office.

You can also help by contributing some time. On Sunday, Nov. 18, volunteers are needed to assemble the boxes so that teen religious education classes can fill them with non-perishable items that evening. On Tuesday, Nov. 20 at 8 a.m., volunteers are needed to add the refrigerated items to the boxes, and again at 9:30 a.m. to deliver the baskets. If you can help in any way, please contact Ellen Abell at ellen.abell@comcast.net or 367-2665.

From all of us

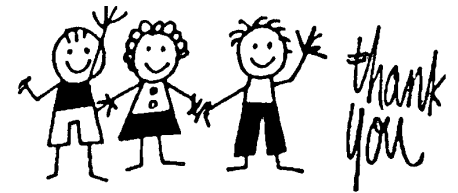
Thanks to all of you who have written articles, shared photos, checked our grammar and researched our facts, provided information, and created pages of In Focus that are both readable and lovely to look at! Our thanks too to you, our readers; without you all these efforts would be for naught. Thanks to all of you from all of us!

—The Communications Committee

Special volunteer opportunities

- Who sets out hosts and wine for Sunday Mass—the priest? No! Parishioners just like you do this! Currently there is real need for a parishioner (or a parishioner couple) **to set up for the 7:30 Mass** once or twice a month. If you've ever wanted a very special way to serve your parish priests and people, this is it! *Mary Lou Menches, 344-1125 or mmenches@illinois.edu*

- Local bakeries have increased their generous contributions to our St. Vincent de Paul Food Pantry, now sending several cartons of breads, bagels, sweet rolls, and cookies on **four days of the week, Monday-Thursday!** Can you give an hour or so to help **sort and repackage** these for the food bags that are given out daily to the food pantry's clientele? Come for "coffee and" at 7:45 a.m. and stay for the "repackaging party" that begins around 8 a.m. Try it—you'll like it!



Parish groups or individuals can submit entries for this column to the Communications Committee or contact Mary Lou Menches (344-1125 or mmenches@illinois.edu). Provide your name and telephone number or e-mail address with a brief description of the kind of help being sought.

Giving Thanks from page 1

But giving thanks must not mean that everything is rosy. We all know that some days are sad and difficult, when God seems to be far away. On days like this, giving thanks to God takes a lot of faith. We have to trust in God's goodness even when we can't see it. Giving thanks is not about *feeling* grateful, it's about telling the truth: that God is good, that we rely on God for everything, and that God will never fail us.



in our parish library

What else besides books can you find in a library? That's right, magazines! For example, October's issue of *US Catholic* has a delightful article on pages 34-35 about the life and works of St. Rocco, patron of dogs. At a young age, Rocco was orphaned and went to live with his wealthy uncle. He later renounced his wealth and became a servant to the lepers. At one point in his service to these outcasts of society, he too came down with the plague and was likewise banished from the city. His only true friend was a dog belonging to a nearby nobleman, who brought him food and licked his wounds. Eventually, the curious nobleman followed his canine companion and discovered Rocco's dwelling, inviting Rocco into his home where he was cured.

This year marks the 50th anniversary of beginning of Vatican II, which lasted from 1962-65.

An arrival so new to the library that it hasn't yet been catalogued is Hal Urban's *Life's Greatest Lessons*. This book teaches the importance of twenty values and principles that are deeply rooted in compassion and common sense.

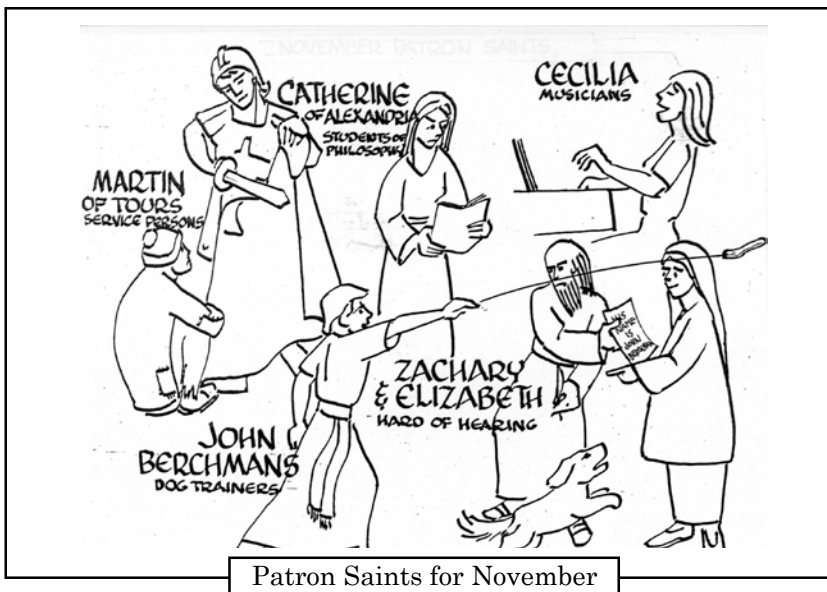
Also new to the library is *The One Year Book of Devotions for Kids*, a daily devotional for children. Each day has a Bible verse, a brief story, and questions about both of them.

A third book, *Starry, Starry, Night* by Lauren McDaniel, contains 2 stories. The first shows how a teenage girl learns the true value of love from her infant sister, who lives for just a few hours after being born. The second, *Kathy's Life*, is about a beautiful, intelligent woman who seems to have it all, but is challenged to give up the one thing she loves most in the world.

Our new librarian, Megan Raab, requests help in cataloging an overflow of books, on the first two shelves of the blue rolling cart in the library. She has already marked call numbers on their spines, so all you'd need to do is record into the library database a book's author, title, publisher, year, and brief synopsis. She would be most grateful if you can devote a little time to this. Just ask Tyra Quinones at the front desk for the key to the library.

* * *

The parish library is available on weekdays during office hours; ask for a key at the parish office. It is also open on fourth and fifth Sundays, 8:30-10:30 a.m. If you need help, our new Parish Librarian, Megan Raab (mer1987@sbcglobal.net), will be happy to assist you. (In Focus regrets the omission of Megan's email address in its previous issue.) Scanning the shelves and looking for subject labels may also prove fruitful in finding something you'd enjoy reading next.



Fr. George Wuellner



Q: Does the Church still require that we fast before receiving Holy Communion? It used to be that we had to fast from midnight on—is that still the case?

A: You're quite right—we used to have to fast from all food and liquids, even water, from midnight on any day we expected to receive Holy Communion. However, the eucharistic fast was considerably simplified by Pope Paul VI, in a 1964 decree issued during the Second Vatican Council.

We still must fast from food and liquids, but only for one hour before receiving Holy Communion (not one hour before the Mass at which we receive Communion). Water does not break the fast and may be taken anytime; the same goes for medicine. The fast simply helps us prepare to participate in the offering of the Eucharist at Mass and to receive Communion.

Because of their special needs, this discipline is considerably relaxed for the sick and aged, as well as for those who take care of them. The fast is reduced to “about a quarter of an hour” for them and for their caregivers.

The intention is to give everyone, the well and the sick and the aged, every possible opportunity to receive Our Lord in Holy Communion.

* * *

Questions about Catholic practice or Catholic teaching may be sent to the Communications Committee in care of the parish office.

Vocation Prayer

Come into the vision of Christ. The harvest is great, but we are short of workers. The talents we have are many, but a lot of them seem to be buried. Pray for an enlarged heart and then walk it, with limping steps, into the world that needs you.

—Sr. Jose Hobday

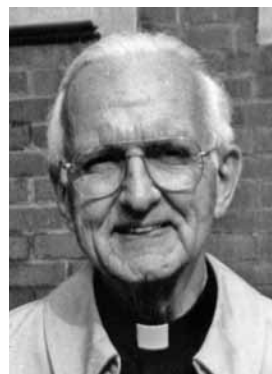
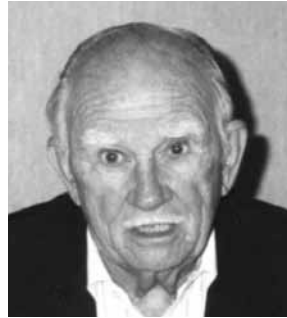
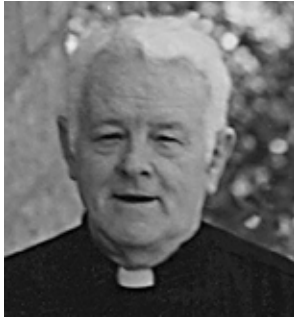
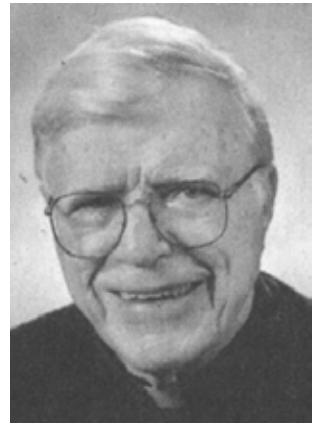
Gracious God, open my eyes to the needs around me, and open my ears to the whispers of your call.

All saints, all sorts

You don't have to search far for heroes and saints. They are in our midst. Some have been canonized, many haven't, many may never be. What brings them all together? Love of God, love of neighbor, and a willingness to sacrifice self for others. Saints already with God and saints still witnessing God's love among us are easily discovered—just look around you!

There is no way of telling people that they are all walking around shining like the sun.

—Thomas Merton



Remembering our loved ones

Praise to you, God of all consolation.

Give us comfort and hope at the death of your faithful ones.

In you, O God, life is not ended, but transformed.

Death is swallowed up in victory.

God of the living and the dead, through the power of Christ's resurrection, you have conquered sin and death forever.

Each day is a step we take toward eternity. May we continue, day to day, until we step into your eternal presence.

Then we shall be reunited with those we love and every tear shall be wiped away. We ask this through Jesus, our redeemer and brother. Amen.

(From the book *Intercessions of Mercy*)

During November, St. Patrick's Ministry of Consolation team offers two opportunities for gathering, remembering, and praying together for ourselves and our beloved dead.

These events are open to parishioners, family members, and friends who would find them helpful.

First, on Saturday Nov. 3 after the 8 a.m. Mass, we will gather in the lounge of the parish center for "A Ray of Hope: Facing the Holidays Following a Loss." This program offers helpful strategies for dealing with holidays, birthdays, and other significant events after a death. It is often hard to imagine ever celebrating again when one's heart is heavy with grief. In a safe, comfortable and loving environment we will explore how each person's grief and response to it are unique and how to develop a strategy to find a path through the most difficult times. A continental breakfast is provided.



Second, on Wednesday Nov. 7 at 7 p.m., in the multi-purpose room of the parish center, the Ministry of Consolation team and priests of the parish will gather for the fall Evening of Remembrance. This is a time to gather together family and friends to celebrate the lives of our loved ones who have died, to share memories of them, and to pray together for them and for those of us left behind to grieve their loss.

Both events are open to everyone who would like to attend. Family and friends of our beloved dead are welcome and encouraged to join us, whether or not they are members of the parish. Those who come are invited to bring a photo or other memento of the person they are remembering to both the Ray of Hope and Evening of Remembrance.

For more information about either event, please contact Nancy Olson at 359-6424 or nancybolson@gmail.com. We look forward to having you join us!

ValLimar Jansen inspires our parishes

On Saturday, October 6, the parishes of St. Patrick and St. Mary shared a wonderful workshop and concert. ValLimar Jansen flew in from California to inspire us at St. Patrick's Parish Center. She met with liturgical ministers at breakfast, CREW and Vivo at a pizza party in the afternoon, and all parishioners in the evening at a wine and cheese reception hosted by the Women of St. Patrick. Amazingly, Val got all of our reluctant bodies up and moving with her as she communicated her passionate love for our faith through song and story.

We were able to bring ValLimar here through a Fulton Sheen Endowment Grant from the Diocese of Peoria, applied for by Pastoral Associate Mary Long. This paid for Val's stipend as well as that of our own Laura Theby as her accompanist. Here are some pictures of parishioners enjoying this event.



St. Patrick's honor roll in heaven

The following members of our parish family entered into eternal life in the past year, joining countless others from our faith community who preceded them. Their names are inscribed on our Scroll of the Dead for 2012, displayed in the church, for our prayers. We pray not only for them but also to them, asking for their intercession with Jesus in answer to our own needs. As we have not forgotten them, so too they have not forgotten us!



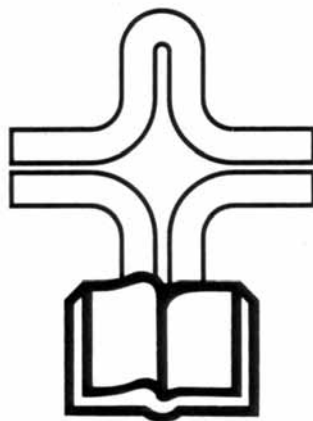
Anna Borrás
Lucian Zwillling
June Giuffre
Sarah Theobald
Jacob Roedl
Gregory Novak
Frances Austin
Ray Timpone, Sr.
William Kelley
Elizabeth Macedo
Ralph Woodard
Nancy Steerman
Mary James
Janina Matuzewicz

Isabela Rayski
Dottie Mooney
Tom Schleis
Anthony Sheehan
Thomas Wimmer, Jr.
Mary Frank
Donald Porter
Charles Halpin
Patrick Laughlin
Margaret Maggio
Robert Smith
Mary Joan "Bee" Ellsworth
Patrick Basehart
Paul Hackett

Is your family included in St. Patrick's Book of Souls?

Throughout November, a notebook displayed near the tabernacle lists deceased loved ones of our parish families. Each page has been prepared by the family it represents, some with elegant handwriting, others with clever computer graphics, still others with the talented decorations of youngsters. Is your family represented?

Sheets of paper for your use are provided in a folder in the vestibule. You might make this a whole-family activity, in deciding on the names to include and how to decorate the page. When you've finished the page, place it



in the folder for completed pages (next to the one where you got the blank sheet). A member of the Art and Environment Team (formerly known as the Liturgical Arts Team) checks regularly for completed lists and inserts them alphabetically into the Book of Souls.

And then pray. Pray not only for the souls of your family's departed loved ones, but for those of all our parish families whose deceased loved ones are represented.

And then ask them to pray for you and your family. We are all members of the great Communion of Saints, loving and praying for one another!

All Saints



All saints? How can it be?
Can it be me,
holy and good,
walking with God?
How can we say that we're all saints?
O that we could!

Some Saints touch the divine,
and as they shine,
candles at night,
holy and bright,
gladden the spirits of all saints,
giving us light.

All saints stumble and fall.
God, loving all,
knowing our shame,
longs to reclaim:
standing or falling we're all saints.
Treasure the name!

Come, saints, crowds who have gone
beckon us on,
hindrances shed,
joy in our tread,
one in the Spirit with all saints,
looking ahead.

— Brian Wren for the
parish of All Saints,
Hunters Hill,
New South Wales,
Australia



St. Patrick's Capital Campaign

We're getting closer!

Pledged: \$3,604,964
Cash in hand: \$1,549,185

*What's needed before
we can break ground:*
Pledged: \$4.0M
Cash in hand: \$3.2M

Someone to know: Paul Montador

Faith journeys are always inspiring. For parishioner Paul Edward Montador, the journey involved crossing the Atlantic. You might recall that Paul, with the help of the Women of St. Patrick's, created a spectacular cake to honor the birthday of Our Blessed Mother at our Parish Fall Festival on Sept. 8. Paul is a classically trained French chef. He was chef at a top French restaurant in Scotland, and is currently looking for ways to use his culinary skills locally. But there is much more to his story than that.

Paul was born in Edinburgh, Scotland, where he lived until 2000 when he moved to London to further his culinary career. He can tell colorful



Paul Montador explains to parishioner Chris Whippo how he designed the chaplet for Our Lady of Guadalupe.

stories about his years working as a film location chef, catering to cast and crew and meeting many movie stars. During the 1990's he was often recruited as an extra, for example in the battle scene in *Braveheart*, and as a vendor of "pallies" (kebabs) on Tatooine in *Star Wars: The Phantom Menace*. He also worked with Sir Anthony Hopkins on his film *August*.

Of more importance to Paul is that as a teenager he vividly remembers challenging God: "I'll believe,

when you stand in front of me and prove who you are and that you exist!" But God, as is often the case, instead revealed himself gradually. Still, one sudden event had a startling impact on Paul, a near-death experience in which God told him to go back because he had things to finish and people to help. Paul vividly remembers mov-



Paul Montador

ing towards a bright light, and that his father, who had passed away in 1992, was standing in the doorway. He was taken into a bright room with a chaise-lounge under a cupola held up by six pillars, and what looked like a glass screen on which his life was being played out. Sitting to his left was his Father and to his right a small boy, later realized to be Our Father, God, and his Son, Jesus Christ. He sensed others nearby but could not see them because of the dazzling light. He also heard the most beautiful music, angels singing constantly.

There have been some struggles along the way, but God gave Paul insights and direction. Through friends and the Internet, Paul began to correspond with parishioner Anastasia Barracks. They discovered many common interests and, most importantly, each felt that God was center-

most to their relationship. Paul visited here in 2010, returned in 2011, and is now hoping to stay in Urbana. After much reflection and study, Paul's faith journey led him to be baptized this summer by Fr. Joe. He and Anastasia are putting their talents to use on the St. Patrick's Parish Party Committee—thus the birthday cake, the fantastic Roasted Mediterranean Vegetable dish, and the handmade cheeseburgers at the Fall Festival on the



For this Guadalupe Chaplet, Paul chose gold chain with colored Czech glass bead. The ring's four sections mark the four apparitions to St. Juan Diego.

birthday of Our Blessed Mother.

Being creative manifests itself in many ways. Paul loves to play in the kitchen, but he has also been inspired to create rosaries and chaplets that enrich prayer life. He discovered this after making a rosary as a Christmas gift. Like a rosary, a chaplet is a prayer guided by beads. Dozens of chaplets are commonly used, for particular saints or other devotions. Paul's chaplets and rosaries are carefully crafted to give a special meaning to the person who uses it.

Paul has designed chaplets for Our Lady of Guadalupe, St. Patrick, the



The Foundation Rosary has a rich symbolism connected to Wisdom, the saints, and traditional colors. (You can view this in full color in the online edition of In Focus.)

Twin Hearts, and St. Padre Pio. The central rosary he has developed is the Foundation Rosary, based on the Seven Pillars of Wisdom (Proverbs 9:1). The Seven Pillars or Foundation Rosary has seven chaplets; each chaplet has a particular saint, with seven small beads and one large bead. In praying the Foundation Rosary, you are free to make up your own prayers or use the Hail Mary. The Seven Pillars are: *Prudence* (St. Lawrence, purple); *Knowledge and Discretion* (St. Thomas Aquinas, green); *Fear of God* (St. Padre Pio, red); *Counsel* (St. Augustine, yellow); *Sound Judgment* (Bl. John Paul II, blue); *Understanding* (Holy Spirit, white); *Power/Faith/Strength* (Jesus Christ/Mother Mary centerpiece, gold).

Paul also designs Holy Communion kits and prayer cards, repairs and restores rosaries and chaplets, and designs custom-made pieces. For more information, please contact Paul at TheCelticSeer@aol.com.

Spook-tacular trunk-or-treat

On Monday, Oct. 29, the parking lot at the St. Patrick's Parish Center will be transformed into a mysterious, spooky place. There may be bat caves, mad scientists' laboratories, witches' corners, glowing pumpkin lairs, foggy places belonging to....who knows? All ghosts, princesses, pirates, fairies, and any other fantastical folks and creatures are invited to come and find out!

For the second year in a row, the Children's Religious Education program at St. Patrick's is sponsoring a Trunk or Treating event. Parishioners who have registered in advance (the deadline was Oct. 22) will park



their cars in assigned spaces and then decorate their open trunk or the open interior of the vehicle to make it into whatever fantastical place their imagination can devise (and costume themselves accord-

ingly). Parents, never fear: participants may strive for maximum spookiness but not scariness... and definitely no blood and gore!

At 4:30 p.m., the children of the parish will begin their trick-or-treating, going from trunk to trunk in the traditional Halloween quest for treats. When they are finished, children and families will vote for Best Car and Best Treat.

The winner in each category will receive a \$20 gift card to the Savoy 16 Theatres.

Meanwhile, inside the Parish Center, from 4:30 to 6:30, hot dogs, chips and desserts will be available for a donation to the Religious Education Building Campaign Fund. Games will be sponsored by CREW and VIVO, and you can have the chance to see Three Spooky Fathers.

Trunk or Treating will be held rain or shine. If there is rain, decorations will be moved from trunks to tables inside the parish center.

Every parishioner is invited to host a trunk, bake desserts, or help with a game. Come have a spooktacular time!

For more information, please contact Peggy Loftus at peggy.loftus@stpaturbana.org, or Jon McCoy at jon.mccoy@stpaturbana.org or 239-5598.

Honoring our veterans

November is a month of remembrance. One special day of remembrance we commemorate is Veterans' Day. On November 11 each year, we honor and remember those men and women who have served in all branches of the service.

In past years, the Women of St. Patrick have honored our parish veterans with a special luncheon. This year, however, November 11 falls on a Sunday, so the WSP saw an opportunity to involve more parishioners in this Veterans Day observance. After the 7:30 and 9:00 Masses on that day, during Coffee Shop in the main hall of the parish center, an area will be set aside for veterans, other service members, and those who would like to honor them. All veterans will receive free coffee and donuts. There will be some displays, including a map for veterans to mark where they served.

Shortly after the children's religious education classes come into



the Main Hall at about 10 a.m., Fr. Joe Hogan will give a blessing. Please come join in this honoring of the veterans and service members still with us and remembering those who are gone.

Quick fixin's from the kitchen of . . . Marlene Thomas

Gourmet Tomato Soup

28 oz can diced tomatoes
with basil, garlic, and oregano
26 oz can tomato soup
12 oz can chicken broth
1/2 t crushed black pepper



Pulse diced tomatoes 3-4 times. Place all ingredients in dutch oven. Cook on medium heat for ten minutes, stirring occasionally. Makes 8 cups. Optionally garnish each serving with a dollop of sour cream.

* * *

If you have a recipe you'd like to share, please send it to Ellen Noonan (403-0979 or eknoon@comcast.net). The only requirement is that it be easy and quick to prepare!

St. Charles Borromeo, Nobleman and Pastor

Count Carlo Borromeo di Arona was not the oldest of his brothers in the duchy of Milan. But when their father died, they asked the sixteen-year-old law student to settle the estate. This he did with tact and skill, willing the castle to the King of Spain. Returning to his books, he earned his doctorate in civil and canon law when he was 21.

Within the year Charles Borromeo was adviser to the new Pope, his uncle, Pius IV. That same year his uncle-Pope named him Cardinal Archbishop of Milan. It seems strange

now that Charles was not a priest, but at that time priesthood was not required for cardinals. His advice and help with diplomatic matters was valuable at the papal court, and for the rest of his life it was difficult for him to tend to his hopes for his diocese, which he loved.

Of a mild and gentle disposition, with the hawk nose said to be aristocratic, he was growing in his desire to serve the Church and was called to carry out the reforms of the Council of Trent. He founded schools and colleges for education of the clergy, and had a large share of drawing up the catechism which the Church was to use for four centuries.

When his family urged him to quit his job, marry, and raise children to carry on the Borromeo name, he secretly had himself ordained to fix his life more firmly in the Church. He said his first Mass at St. Peter's.

Borromeo spent as much time as possible in Milan, as the first resident archbishop in eighty years. When the bubonic plague broke out there in 1576, Charles made his will and gave himself up to his people, avoiding no danger, sparing no expense, to accommodate the sick and the dead. He visited parishes



and homes. He walked in procession through the streets, carrying a crucifix, with a prisoner's rope around his neck, to do penance for his people. Noticing that recovered patients were not always ready to return home from the hospital, he founded convalescent homes for them.

At age 46 in 1584 he could not throw off a fever, and died in Milan. He was canonized in 1610 and is patron saint of catechists and seminarians. The world has named schools, colleges, seminaries, parish churches, and even cities after St.

Charles Borromeo, the nobleman who became a servant of his church. His feast day is November 4, when the Collect of the Mass praises him for "pastoral solicitude."

We give you thanks

We thank you, God, for all you have made. For earth and sky, wind and water, plants and animals, for stoves and phones, cards and roads, radios and computers, books and music. We thank you especially for family and friends and people everywhere. Deo gratias!



Did you know?

- It was in 1969, following the Second Vatican Council, that the language of the Mass was changed from Latin to the language of the people—in our case, English. After a few years it was modified somewhat with "dynamic equivalent" phrases more in tune with conversational English. In 2011, the language of the Mass was modified yet again, this time replacing the dynamic equivalent translation with a more literal translation from the Latin.
- Parishioner **Jon McCoy** has taken up the responsibilities of Children's Program Coordinator. He's in the parish office every day to plan ahead and prepare materials, though you might not be able to catch him directly by phone. He does respond to e-mail, however; if you have questions, try him at jon.mccoy@staturbana.org. (When asked how many catechists he had for the children's religious education classes, Jon answered: "Enough!") We hope to introduce Jon in *In Focus* soon.
- Parishioner **Megan Raab**, successor to parish librarian Lori Mestre, is personally acquainted with the books in our parish library. When the library's computer was stolen about a year ago, Megan spent many hours re-entering data about all the books then in the library. As a volunteer, she does not keep office hours in the parish center, but she is still happy to help you find specific materials or books on a given topic. You can e-mail Megan at mer1987@sbcglobal.net.

From Dr. Susan Nagele

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March 2012

To all the good people of St. Patrick's,

Greetings from Maryknoll, New York, where the autumn foliage is beautiful and I am surer than ever of the grandeur of God! I left Kenya about a week ago and am stopping by our Maryknoll mission center to reconnect with other missionaries.

I've also been able to help welcome the new candidates who have recently arrived for their 3-month orientation program. One woman will be coming to join us in Kenya, and a young family I've known through my brother will be going to Brazil. It is so inspiring to see the energy and commitment these people bring. Their journeys of faith are now leading to other cultures, which will bring many challenges and blessings. It is a call that helps bring each of us closer to God.

Before I left Kenya I received a message that St. Pat's has again contributed US\$5000 to our health ministries. A million thanks! Soon I will be in Illinois to thank you all in person and to share our stories again. I've prepared a PowerPoint presentation to show you how we are using your generous support. Don't be surprised when you see me pop up in a pew at St. Pat's! Please know that we are very grateful for your continual prayers and support.

*Peace + God Bless,
Susan*

You can find out more about Maryknoll Lay Missioners on our website (www.mklm.org), or call our mission center toll free (1/800/867-2980).



Dr. Susan Nagele with Sr. Matumaini.



Dr. Susan Nagele with patients in Kenya.

Married couples treated to first date night

On a recent Saturday evening, married parishioners gathered for supper and an evening of fun and inspiration. Their children were nearby in the parish center. as the sixth year of Great Dates was underway.

The Great Dates ministry serves married couples at all stages of married life. Participants meet for a 15-minute presentation one Saturday evening each month, from October through April, before heading out on a date to a place of their choosing. Child care is provided by CREW teens and



their parents, under the supervision of parent/teacher extraordinaire Peggy Loftus. Parents are assured of a safe, supervised place to leave their children, whom the teens love to play with. Donations received are used to defray expenses of the summer CREW mission trip.

The first date night was held in-house at the parish center. Couples could meet each other, share a pot-luck supper, and take some time for themselves to develop a mindfulness toward each other. This was a time to celebrate married life!

The program this year draws its inspiration from the book *The Mindful Couple*. Under the guidance of the Great Dates team, couples share their stories. Whether married for 3 years or 30 years or more, couples learn from each other.

You can still join the program this year by contacting Mary Karten at mlkarten@hotmail.com or 367-2665.

The parish office still has for sale a few copies of *Fried Chicken & Donuts and Other Stories of Covenant Marriage*. This book, published in 2010, compiles individual stories that reveal different aspects of marriage as told by married couples from St. Patrick's.

From Your Parish Nurses Health fair was a success

The parish nurses thank everyone who came to the annual Health Fair on September 30. There was a wealth of information about maintaining a healthy lifestyle. The nurses advised parishioners on many topics: stroke prevention and detection, mental health issues, home care and hospice services, diabetes, alcohol and drug addiction, and dental health. Also available were flu shots, lipid and cholesterol screening, blood pressure screening, blood donation and demonstration of how to use the automatic external defibrillator (AED).



St. Patrick Parish IN FOCUS

St. Patrick's Parish In Focus is published on the last weekend of the month in Urbana, Illinois. News items and information may be submitted by mid-month for the next issue. Materials must include the name and telephone number of the person submitting them.

Please send news items to a Communications Committee member, leave them in the committee's mailbox in the parish center, or call a committee member. All submissions are subject to review and/or editing by the committee and staff. By-lines are generally omitted.

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Deadline for submission of information, articles and news items for the next issue of *In Focus* is **November 4.**