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Together we make up the Body of Christ

When St. Paul wrote about the gifts that God gives to each of us, he said that we are all members of the Body of Christ (1 Corinthians, chapter 12). He uses this image to show that it is good that each of us has different, unique gifts and that we depend on one another. For he says, "If the body were all eye, what would happen to the hearing?" and "The eye



cannot say to the hand, I do not need you." It's good that we have different gifts and different perspectives—together we make up the Body of Christ. He doesn't say that we should all be alike, or even that we should all agree about priorities and strategies. It is enough—more than enough—that we use our gifts to help build up the Kingdom of God, because Jesus is the Head. He will take our diverse efforts and gifts, and make them work together.

It's good to remember the image of the Body of Christ at this time of year, when so many things in our parish, schools, and community are making a new start. Many of us serve in parish-based ministries. Some of us serve with other organizations. Some of us build up the Kingdom by the way we care for our families and neighbors. All of us carry our faith with us wherever we go and can choose to share that faith with others.

Good news! God has given you gifts that enable you to help build up the Kingdom.

Good news! You don't have to do it alone. We're all working together.

Good news! You don't have to solve the world's problems. Do what you can. Rely on others to do their part. Rely on Jesus the Head to do his part.

The image of the Body is also helpful as we think about the changes that our parish will be going through in the coming year as we expand our church and take a fresh look at our ministries.

Good news! You can rely on others to make wise decisions, to have helpful insights, and to do the necessary work, just as they rely on you to do your part.

And pray. Prayer is the central nervous system of the Body of Christ. Prayer keeps us connected to him and to each other. Prayer gives God a chance to guide us in our work. Prayer invites God to help our gifts to be effective. Prayer is a way that we can help all the other members in their work. Good news! God is hoping that you'll ask for his help.

September 2014

A gift of love

Those who come to our parish Food Pantry receive warmth and respect as well as food. The intangibles are every bit as important as the food itself. After all, we welcome those in need as if they were Christ himself.

Every fall, the St. Vincent de Paul Society and the Women of St. Patrick's team up to give our guests a special treat of food and love. We invite them to a lovely sit-down dinner in the Parish Center. We bring out the good china and dress the tables. We provide a great variety of food prepared by many parishioners. We serve them with joy and offer the best of our hospitality. It's a wonderful event that both our workers and our guests look forward to from year to year.

This year's dinner will be on Thursday, September 25, at 6 p.m. Could you help set the tables or clean up afterwards? Could you

phone our guests to remind them of our welcome? Could you bring a side dish or dessert for all to share?



Could you be a host, welcoming our guests and sharing a meal with them? Watch the bulletin for links to volunteer and food sign-up Doodles or contact Elizabeth Hendricks at elihen@att.net or 328-2184.

St. Patrick's Youth Orchestra enthralled audience with movie magic

If you want to be assured of a seat at a performance of the St. Patrick's Youth Orchestra, you must arrive at the parish hall at least fifteen minutes early. On the evening of August 7, there were nearly 300 people in the audience, including those standing along the walls. This performance was entitled "Movie Magic"; it contained highlights of music from popular movies.

You would never guess from the professional look of the orchestra that it was founded as recently as 2013, by students Jack Reeder and Noah Larson. It is also run by the students. In only one and one-half years the orchestra has more than doubled in size, to fifty students. These students are in grades seven through twelve, and from many schools in Champaign-Urbana.

To begin the concert, Jack Reeder, the conductor, strode to the podium, welcomed the audience, lifted his baton, and launched into their first



piece, consisting of highlights from "The Phantom of the Opera." Waves of music washed over the audience, submerging it in a sea of sound. The full sound of the unified strings acted as a foundation for the other sections. There was a lovely flute solo played by Matt Reeder. The brass section was rich and full, and the woodwinds played colorfully.

The music from "Lord of the Rings" was so evocative of the movie that you could see scenes unreeling in your memory as you listened. You could see the green hills and homes of Hobbiton as the sweet melody was played. In contrast, the percussionists carried you to the place of the evil Orcs their diabolical factory.

Noah Larson, the associate conductor, led the symphony in highlights from "Harry Potter" and "The Sound of Music." Although Noah's style of conducting is not as flamboyant as Jack's, he was skilled at coaxing beautiful sounds from the orchestra.

One of the pleasurable points of the evening was the oboe solo from "The Mission." Sierra Maniates-Selvin made her oboe sing sweetly and expressively. The evening ended with Sousa's rousing "The Stars and Stripes Forever." You could visualize the Fourth of July fireworks as the orchestra played.

The audience filed out with satisfied smiles on their faces.

lection basket at Sunday Mass, through the parish office, or in the Poor Box at the back of the church.

You can also make a donation online by credit card. Go to the parish website and click on the "On-Line Giving" box. There you will find instructions for setting up an account or making a one-time donation. The SVDP Food Pantry is in the drop-down menu as one of the options for giving.

Please give as generously as you are able to support our food pan-

try in serving the hungry of our community. Food Pantry Coordinator Ellen Abell, SVDP members, food pantry volunteers, and, especially, all of the food pantry clients are very grateful for the faithful and loving support of St. Patrick's parishioners.

SVDP Food Pantry needs your support more than ever

One of the ways we at St. Patrick's are blessed to be able to serve our neighbors in need is with our parish's St. Vincent de Paul Food Pantry. This is no small task, however. Unlike most food pantries in the Champaign-Urbana area, the SVDP Food Pantry is open four times a week, from 4:30 to 5 p.m., Mondays through Thursdays. People in need of food assistance are asked to use the food pantry only once or twice a month, although households with large families may come more often. In July alone, the food pantry served 914 households, which included 3367 individuals, of whom 1646 were children. That's a lot of food!

While the food pantry receives some USDA commodities and donations from other sources free of charge, it depends on the generosity of parishioners to pay for the cost of purchasing food, mainly from the Eastern Illinois Food Bank, as well



as the cost of upkeep and equipment repairs. However, not only has the number of people needing help from the food pantry increased in recent months, so have food costs.

Can you help? Please consider making a monetary donation to the food pantry. If you have already donated, please consider doing so again. You can donate by check or cash placed in an envelope clearly marked "SVDP" and put in the col-

Planning for the future—for your family and you

God of the living and the dead, through the power of Christ's resurrection, you have conquered sin and death forever. Each day is a step we take toward eternity. May we continue, day to day, until we step into your eternal presence. Then we shall be reunited with those we love and every tear shall be wiped away.

As faithful Christians we know that death is inevitable, and that death is a transformation of our life on earth to life in the heavenly kingdom. Even so, when death comes it brings earthly concerns for those we leave behind. A great gift that we can give them then is to be prepared, to leave a roadmap for them to follow when they are engulfed in grief. It is never too soon to put that plan together because death can come suddenly, as well as with time to prepare.

This October the parish nurses and the Consolation ministry team will host a program to help you put together a plan for your future. Through the shared wisdom of members of our congregation and



the wider community, information that will help with "Planning for Your Future for Your Family and You" will be presented during three sessions over the course of three weeks. The sessions will provide information on a wide range of topics and are designed to be independent of one another. You may attend one, two, or all three sessions depending on your availability or desire to gather specific information.

Session One, "Now What? Resources, Important Discussions, and Understanding Grief," will be held on Sunday, October 5, 2-4 p.m.

Cross off treats on your next shopping list

Beginning Friday, September 19, and continuing through Sunday, September 21, St. Patrick's Knights of Columbus will hand out Tootsie Rolls for your donations. Find them at both entrances to Schnuck's on Vine St., Friday, 4-8 p.m. and Saturday, 8 a.m.-6 p.m.



Whatever you donate will mean serious treats and life aids for disabled children and young adults. Parishioners can catch this sweet charity again at the Coffee Shop in the main hall after the 7:30 and 9 a.m. Masses. With K of C state office approval, the funds go to:

Rural Champaign County Special Education Cooperative (Jim Mayer's workplace). They try to find jobs for disabled young adults.

Developmental Services Center

Camp New Hope in Mattoon for disabled children

These and other charities benefit from the K of C Tootsie Roll Drive all over the United States.

Don't have treats on your shopping list? Plan ahead for Halloween and donate \$10 for a box of Tootsie Rolls.

Vera Duncanson, Presence Spiritual Care Coordinator, will speak on patient/physician communication, Hospice, what to expect at the hospital, advance directives, and DNRs. Nancy Roth, R.N., Parish Nurse, will share information about community resources. Eileen Mathy, LSCW, Mathy House Counseling, will share insights about the physical, emotional, and spiritual aspects of grief.

Session Two, "Having a Plan: Preplanning Final Arrangements and Funeral Liturgy," will be held on Sunday, October 12, 2-4 p.m. Jay Yost, Licensed Funeral Director, Owens Funeral Home, will share information on options for final disposition, preplanning, and prepaying for a funeral. One of our own priests will discuss pre-planning a funeral liturgy.

Session Three, "Putting Your Legal House in Order," will be held on Sunday, October 19, 2-4 p.m. The presenter for this final session will be **Chad Beckett**, J.D., Attorney at Law, Beckett and Webber Law Offices, who will provide vital information about wills, trusts, powers of attorney, living wills, and guardianships.

Sessions will be held in the multipurpose room of the parish center. The first hour will be devoted to the presentations of the speakers; a second hour will allow time for questions and answers. Materials will be provided for note taking, as well as resource materials to take away.

Regardless of your age, marital status, or state of health, the program will provide information you will find beneficial. Call it food for thought, a roadmap, or plain talk about subjects that can be difficult to contemplate, it is never too soon to begin the process of planning for your future, for your family and you.

It was a Mission Trip to remember!

By Peggy Loftus

Each year the CREW youth group heads out on a Summer Mission Trip. This year was unique for me because I was going along this time simply as a chaperone and not as the leader/organizer of the trip. That job rested on the capable and strong shoulders of Kathy Cimakasky.

On July 27, 15 high school teens, 6 college students, and 11 adult chaperones set out for the Winnebago (also known as the Ho-Chunk Tribe) Native American reservation, approximately an hour and a half north of Omaha, Neb. There we stayed at St. Augustine's Parish and Mission Grade School. A youth minister and a teen from St. Wenceslaus Parish in Omaha joined us for a fantastic Christ-filled week.

We encountered plenty of glitches this year (not unusual, really): our bus had some battery issues, we experienced some car issues as well (with a blown tire!), and one teen suffered a sprained ankle after a spirited game of "Spider Monkey" on the St. Augustine's playground. The flexibility and fast thinking of our leader and chaperones quickly overcame these obstacles, and we worked hard all week to help the people of the Ho-Chunk reservation.

Our work sites included the home of Nate and Beverly, who host sweat lodges for the Native community; cleaning, repainting; and repairing the bathrooms of a community center; and working around St. Augustine's. The intrepid teens poured themselves into their work, despite some poor conditions at the community center.

My role on this mission trip was to take care of the kitchen duties and to feed our participants. After retiring as youth minister last year, I have been working as a kitchen assistant at Holy Cross grade school, so this task blended years of feeding hungry teenagers and making large batches of food for the past year. Each day a group of teens and adults would report to the parish hall/ school cafeteria to prepare breakfast and to make the sack lunches for the day. They reported again later in the evening to make dinner. It was a bit harder to get them to stick around for dish duty, but they all eventually spent their time at the dish machine. It was great feeding the group with tasty and bountiful food-thank you, Lord, for the gift of Sam's Club!

My favorite part of visiting the Winnebago Reservation (this was my second time in Winnebago, the first being in 2008) are the evening Masses and guest speakers. When we arrived, the teens helped to set up a tepee that was ours to use throughout the week. On Monday evening we heard from Richard, a member of the Omaha Tribe, who spoke about his life living as a Native American and raising his children to know their heritage.

That same evening Fr. Dave Korth, the Mission Director, played his collection of native flutes for us.

Mentors needed for Champaign elementary schools

You can change the life of a child by becoming a CU One-to-One Mentor. Spend 35 minutes once a week with a child in need of an adult who will be a friend to them. Mentor pairs meet only during the school day, during the school year. Training for new mentors will take place at the end of September and the beginning of October. For more information or if you have questions, please call or email parishioner Paula Partin (partinpa@champaignschools.org or 351-3801).

There also are many fun volunteer opportunities in the schools. Teachers need helpers who can read with students, make copies, tutor whatever you are interested in, there's a volunteer spot for you. He was given a native flute and learned to play over the 40 days of Lent one year. He has gone on to record three albums, with all of the proceeds going back to support St. Augustine's Mission School.

On Tuesday evening, teens and adults that wished to participate were welcomed to Nate and Beverly's home for a sweat lodge ceremony—much like a sauna experience, except that our Native guides sang prayers in their Native language.

We had an evening of remembrance on Wednesday. Teens were rotated among three areas at the school/church: an opportunity for reconciliation and praying the rosary in St. Augustine's church; viewing the St. Augustine's Museum, which was created to commemorate their 100-year anniversary in 2009; and a chance to talk about the trip and what they were experiencing in the tepee.

On Thursday, we visited a community park near Nate and Beverly's home to share a thank you meal. She supplied us with gallons and gallons of delicious beef vegetable soup and Indian fry bread. Returning to St. Augustine's, we heard from Sarah Snake, a member of the Ho-Chunk/Winnebago Tribe, who had welcomed our group in 2008. She told many stories, educating all of us about the Ho-Chunk Indians.

Our last day in Nebraska (Friday, August 1) was spent at the Omaha Zoo. I am a huge fan of any and all zoos, and this one was truly great. Besides, when one of the zoo restaurants serves Omaha Steak's hamburgers, you just know you're at the right place.

This was a very special Mission Trip for me. I truly enjoyed every moment and look forward to the years when I can bring my own children on Mission Trip with me!



The deadline for submitting information, articles, and news items for the next issue of *In Focus* is **September 14**.

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"Where's the restroom?"

A quick guide to St. Patrick's help facilities

For families visiting or new to St. Patrick's, "Where is the restroom?" may be the first and most pressing question. But there is more to know about the church's help facilities.

Emergency telephone: Located in the room to the right as you enter the church from Main Street. (Press 9 before entering the telephone number.)

Defibrillator: For use when someone seems to be having a heart attack, an Automated External Defibrillator (AED) is located in the rear of the church next to the Marian shrine. Several staff members and ushers have been trained in its use.

Restrooms: There are two. One is to the right as you enter the church from Main Street, inside the room with the telephone. The other is in the room behind the baptismal font; take the side exit near the baptistry and turn left, without going downstairs or outside. The restroom is on the left at the top of the ramp. This restroom provides better access for those with mobility impairments. You can get a **drink of water** in either restroom; plastic or paper cups are in the medicine cabinets.

Holy water: You can fill your own container from the crock of

holy water in the room behind the baptismal font (*see above*).

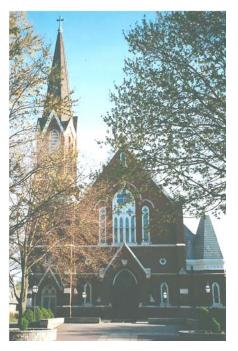
Seating for the handicapped or infirm: The front pew on each side of the church is reserved for the infirm or handicapped. If you remain in the pew. Eucharistic ministers will bring Communion to you there. There is also room for a wheelchair at the ends of the two front pews and the two last pews in the church.

Crying area: Take small children who are fretful or need to stretch their legs to the vestibule, where they won't disturb others. Copies of the hymnals used at Mass, which also contain the day's Scripture readings, are shelved in the lectern there, and the sound system feeds into the area to help parents participate in the Mass.

Reconciliation room: The reconciliation room is to the left as you enter the church from Main Street. You may kneel at the screen just inside the door or walk around

Did you know?

- We've done it before, actually twice before, so we know we can do it again: When construction prevents our use of the church, our parish family will gather for worship in the main hall of the parish center. Rows of chairs will be set up for the congregation, the musicians and choir members will be accommodated towards the front, the stage will become the temporary sanctuary, and the rooms behind the stage will be the sacristy. The Blessed Sacrament will also be reserved in a tabernacle in the hall. Yes, we've done this before, and grew with the experience. We can do it again!
- The Music Leadership Team has been asked to recommend a new hymnal to replace Worship and Gather. The first step was to count the hymns that we know from the two books: 364! Wow! What a wonderful singing parish we are!



it to sit face to face with the priest for the sacrament. Two lights outside the room help you to know when you may enter. When a priest is present, the upper light is green; the lower light is red when another person is with the priest, but will turn green to let you know when you may enter. The sacrament of reconciliation is offered every Saturday before Mass from 4:00 to

4:45 p.m. and after Mass until 6:30 p.m. or until all have been served. If you need to make an appointment during a different time period, you may also call the parish office (367-2665) to do so.



This past June 23, St. Patrick's was represented by the team of Dave Palmisano, Terry Bosley, Chuck Shaw, and Tom Kacich (seen here with a representative from Presence Covenant Medical Center) at the Covenant Cup, held at the Urbana Country Club. Proceeds from the event benefit Presence Covenant Medical Center's Greatest Capital Need. Teams include representatives of parishes served by the Catholic medical center.

The St. Patrick's team shot six under par (66)—well done, gentlemen!

Presenting the 2014-15 Parish Council

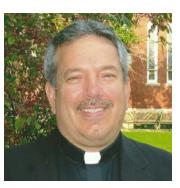
Every spring, upon completion of their three-year terms, three or four members of the Parish Council rotate off, creating vacancies to be filled by new members. This spring three parishioners, their names selected blindly from those of a group of volunteers, filled those vacancies: Craig Goad, Joe Hinchliffe, and Theresa Williams. (You can read their self-introductions elsewhere in this issue.)

At the May meeting of the Council the new members were seated and officers for the coming year were acknowledged: Libby Stubbers, president; Ken Horn, vicepresident; and Joe Hinchliffe, secretary.

The Parish Council meets on the third Thursday of most months, with the agenda set by the Council officers in conjunction with the parish trustees and the pastor. Members may serve occasionally on ad hoc committees as the need arises.

All members except the officers also serve on ministry leadership teams for the six key ministry areas of the parish, and this helps keep the Council and staff abreast of the concerns, issues, and activities of parishioners in the ministries.

Here are the ten elected members and three exofficio members (pastor and trustees) who make up St. Patrick's Parish Council for 2014-15. All will be grateful for your interest, communication on matters of concern, and (especially) your prayerful support.





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Libby Stubbers



Mark Seeeney 2012-15



Delphine Mulamba 2012-15



Kelly Skinner 2013-16



2012-15





Ginger Timpone 2008-13, trustee



Ken Horn 2013-16, vice-president



Joe Hinchliffe 2013-17, secretary





Theresa Williams 2013-17



Bruce Rogers 2011-16, trustee





Getting acquainted

Following a procedure adopted two years ago, the names of three parishioners were drawn from those submitted by parishioners who had agreed to serve on the Parish Council if selected. Each of the three whose names were drawn prepared a brief introduction to help you get acquainted—although you may well recognize them from their many involvements in the life of St. Patrick's:

My name is Craig Goad. Some of

you may have seen me around church at Coffee Shop with my in-laws, Jerry and Susie McArthur. My wife, Stacey, has been a lifelong



member of St. Patrick's (third generation), and my daughters Abigail (13) and Emily (11) are always around somewhere to lend a hand.

I was employed at the University of Illinois until I had both knees replaced in 2012 and 2013. Retired

Annual Cellar to Garret sale a success

The Women of St. Patrick's biggest fundraiser, the annual Cellar-to-Garret sale, took place in the parish center August 21-23. Proceeds from the sale help pay for food for funeral dinners and for guest speakers, and make it possible for the WSP to make generous contributions to Dr. Susan Nagele's medical missionary work in Africa, missionaries to China, the annual SVDP Food Pantry Friends Dinner, St. Patrick's building fund, and other causes. Money raised has also allowed the WSP to improve the parish center's kitchen over the years by buying new dishes and silverware, as well as the wonderful ice machine.



from the UI, I now work part time at St Patrick's, helping Bob with our parish maintenance, and at Holy Cross School, helping in the kitchen.

I was born in Tolono, Ill., and raised as a Methodist. From 1999 on I joined my wife and children at Mass every weekend at St. Patrick's and participated in parish events as well. It was while watching my children's faith grow that I felt a call to join the Church. I believe my path to faith was shown to me by the love and joy I experienced seeing the girls grow in faith.

Since entering the Church in 2013, I have been involved at St. Patrick's, serving in Eucharist ministry, coordinating our Panera Bread donation pickups for the St Vincent de Paul food pantry, joining the Knights of Columbus, and now serving my parish on the Parish Council.

As our church grows on its expanded foundation of brick and mortar, I see the ministries of St. Patrick's and St Mary's coming together as well, with space to accommodate the current and future needs of all our ministries—for our next hundred years!

My name is Joe Hinchliffe. My

wife, Lisa, and I were married at St. Patrick's 18 years ago. I work at the University of Illinois helping political science stu-



dents find their way in college.

I have been active with St. Pat's 10:30 choir and Pastoral Care Eucharistic ministers at Carle and have participated in a couple of other groups. Also, I've enjoyed visiting with folks in the Market at the Square ministry and watching Fr. Baron's talks on Catholicism with others in the parish. In many ways, I found the Great Adventure Bible Study transformative.

I am excited to work with folks in the parish in this new way, as a member of the Parish Council.

My name is Theresa Williams; my

husband, David, and I have two children: Aliyah, 12, and Austin, 10. Both children have grown up at St. Patrick's. I



have been an Urbana school teacher for 22 years, and a member of St. Pat's for about 20 years. I enjoyed participating in the WATCH retreat the parish offered some time ago. For the last 8 years I have taught religious education.

In the coming years I look forward to seeing where the church expansion will lead us as well as working more closely with the other members of the Parish Council to learn and grow with them as I continue my commitment to religious education.

Parishioner Betty Esser celebrates her 100th birthday

As many parishioners know, St. Patrick's parishioner Betty Esser celebrated her 100th birthday on July 11. She credits her longevity to eating healthy, weekly exercise, the ability to get a good night's sleep and "not letting things upset me." She does look forward to a bit of dessert, especially ice cream!

She must have genes for longevity as well. But the greatest factor of all is the TLC she receives from her daughter, Kay Evans, a St. Patrick's parishioner. Kay interviews and selects a graduate student to live on the second floor of Betty's home. She also accompanies her mom to Mass, exercise classes, doctor's appointments, Bible study, and other events at St. Patrick's. "Kay is my constant companion, helper and best friend," Betty asserts.

Betty was born on July 11, 1914, in Aurora, Illinois. She met Carl Esser, the love of her life, at Aurora High School. Carl and Betty started dating when he was a senior and Betty was a junior. Betty remembers Carl's father's large grocery store



with its own butchery shop. Carl's family made their home on the floor above their business. Due to the Depression the young couple delayed their marriage until 1941. Betty's family attended the congregational church in Aurora. The Essers attended the Holy Angels Catholic Church there. Before their marriage.

she received instruction on the Catholic faith from "a lovely nun."

She earned a two-year teaching certificate from Northern Illinois University in De Kalb and taught kindergarten in Aurora. After Carl died of colon cancer at the age of 50, Betty finished her B.A. in Education at NIU. At the same time she went back to teaching. "I went back to work as a kindergarten teacher. Children of that age are so delightful that they keep you young---you can't stay sad."

Betty continued teaching in Aurora until she retired in 1975. Some years later she moved to Urbana to be closer to Kay.

All three of Betty and Carl's chil-

Calling all women of the parish!

Three months ago, twenty-one women met for a Women of St. Patrick (WSP) Dinner Out at Attie's, at Stone Creek Golf Course in Urbana. They had a wonderful time, enjoying good food and talking about everyone's plans for the coming summer.

What did you do this summer? Plan to share your stories with other women from St. Patrick's while enjoying a good meal with the WSP at the next Dinner Out, at 6:00 p.m. on Thursday, September 18, at Dublin O'Neil's, 301 N. Neil Street, Champaign. As always, each participant will pay for her own meal. RSVP by calling Katie Leininger (344-5970) or the parish office (367-2665), or by email

(www.womenofstpatrick@gmail.co m).

Dublin O'Neil's is located on the first floor of the 301 N. Neil Street Building on the northwest corner of Neil and Church streets. Parking can be found across Neil Street in the lot, or in the parking garage at Randolph and Hill streets. Entrees cost between \$11 and \$30, and you can call the restaurant (217/531-1152) if you have any questions about the menu.

See you at Dublin O'Neil's on September 18! dren grew up in Aurora. Betty's daughter Elizabeth, who lives in St. Louis, takes care of her whenever Kay and her husband, Graham Evans, travel. Liz has a son and daughter plus one granddaughter. Betty's son, Steve, lives in New Jersey and works for the state. In his spare time, Steve is a Master Gardener. He has a son, two daughters, and one granddaughter. For the record: three children, six grandchildren, and two great-granddaughters.

Betty said, "Last year I quit driving because I didn't want someone to come and tell me that I cannot drive." She also had concerns about her vision and shoulder flexibility problems. Not driving "does limit my independence but Kay is always there for me."

Jeremy Hobson, the son of Ian and Claude Hobson, and co-host of the NPR "Here and Now" program, came back to Urbana on the occasion of Betty's birthday to interview his friend and neighbor. (Kay used to babysit the Hobson siblings when they were young.) Some information in this article came from that interview.

A bit of good advice for longevity: eat lots of fruit and vegetables but in small portions, sleep well, exercise and avoid stress. And, it's okay to enjoy ice cream.

-Carole Rebeiz

You can listen to Betty's interview at <u>http://</u> hereandnow.wbur.org/2014/07/14/ betty-esser-100th-birthday.

Parking lot project slated to begin this fall

More parking has become a priority here at St. Patrick's due to the upcoming church expansion, which will double the seating capacity of our church from 300 to 600. Construction of a new parking lot is scheduled to begin this fall. Last spring all of the structures north of the alley were demolished to clear space for this new lot. The plan for St. Patrick's parking will take place in two phases: (1) construction of the new lot north of the alley, and (2) renovation of the existing parking lot, which will take place after the church expansion is completed.

Carle Hospital to fund construction of new lot

This past June, Father Joe an-



Honoving Our Last Building Our Future st patricks catholic church campaign

nounced to the parish that St. Patrick's Church and Carle Foundation Hospital had entered into a formal agreement to help meet increased parking needs. With the upcoming church expansion project at St. Patrick's and new medical facilities recently opened at Carle, both face an increased demand for parking.

Carle has agreed to fund construction of a new parking lot on St. Patrick's property north of the alley and renovation of the existing parking area. The estimated cost for the total

Seniors group is exploring new horizons

It's an exciting time to be a senior at St. Patrick's! The Seniors group is completely reshaping itself-- including choosing a new name—and if you are a parishioner more than 50 years of age, you can be part of the process by becoming involved and sharing your ideas.

In July, seven members of the Seniors group met with pastoral associate Lorraine Kim to do some brainstorming. A questionnaire created from this discussion was distributed to the seniors who attended the August 11 meeting and potluck. Some of the ideas proposed include:

•sponsoring adoration in the new chapel of the expanded church

•study groups on various spiritual books

•speakers from within and outside the parish

•day trips to places such as Our Lady of the Snows or the Cathedral in Peoria

•overnight trips to farther away places, such as St. Meinrad, Indiana •co-sponsoring events with St. John's Newman Chapel on the UI campus •participating as a St. Patrick's group in senior programs offered by the Urbana and Champaign Park Districts, YMCA, and Presence Provena.

Ideas for more casual get-togethers include discussions on specified topics (service experiences, dealing with transitions, faith in family), potluck luncheons, game afternoons, craft shows, coffee and donuts after Saturday morning Mass, and fellowship and sharing.

The next Seniors meeting and potluck lunch will be held in the main hall of the parish center on September 8, at noon. All parishioners 50 years of age and older are welcome. The guest speaker will be Father William Bucciferrio, S.D.B., who ministers at Holy Cross and at St. John's Chapel. He will speak about Salesian spirituality. The Salesians were founded in the 19th century by St. John Bosco and were named in honor of St. Francis de Sales, author of the spiritual classic, "Introduction to a Devout Life." Watch the bulletin for more news and information about this vibrant group. project is \$1 million. In addition, Carle has also agreed to maintain St. Patrick's parking lot.

In exchange, on weekdays Carle employees will be permitted to use a designated number of spaces in the new north section of St. Patrick's parking lot, with occasional exceptions in the case of special religious holidays or weekday funerals.

For several decades St. Patrick's Church and Carle Hospital have been good neighbors to each other with parking needs. Carle employees have been allowed to park in St. Patrick's lot on weekdays and St. Patrick's parishioners have been allowed to park in a Carle lot on Sundays. This new agreement formalizes that relationship and defines a new partnership that will benefit both organizations. The funding from Carle will greatly benefit St. Patrick's since the parking lot project is a separately funded endeavor from the church expansion project.

Plan nearly doubles available parking for St. Patrick's

Once both phases of the parking lot project are completed, there will be 220 parking spaces. St. Patrick's will remain sole owner of its property and will manage the design and construction of the parking lot. The new lot will include trees and other plantings, plus perimeter landscaping. To provide for safety, the parking lot will be well lit and include a security phone that connects with Carle in case of emergency. We can all look forward to new and improved parking - a practical but important aspect of community life here at St. Patrick's.

September 2014

in our parish library

As we remember the victims of the September 11 attacks on the Twin Towers, let us also remember those who have sacrificed their lives for religious freedom around the world.

The Power and the Glory, by Graham Greene. In this fictional account, a paramilitary group has taken control in remote section of southern Mexico; God has been outlawed and priests have been systematically hunted down and killed. The last priest is on the run. Too human for heroism, too humble for martyrdom, the little worldly "whiskey priest" is nevertheless impelled toward his squalid Calvary as much by his own compassion for humanity as by the efforts of his pursuers. Fic Gre.

Luke: New Testament 5, by Eugene LaVerdiere. As presented in the New Testament, the Eucharist is a source of inspiration and guidance today. In *The Eucharist in the New Testament and the Early Church,* Father LaVerdiere examines what the New Testament tells us about the Eucharist and how it provides an important experiential and theological resource for the gospel stories of Jesus' life, ministry, passion, and resurrection, as well as for the life and development of the Church. 225 Lav.

The Martyred Christian: 160 Readings by Dietrich Bonhoeffer. This book is a collection of gems conscientiously selected and arranged from Bonhoeffer's work. "The Martyred Christian" is a sampler that challenges one to read his works straight through. 230.04 Bon.

Jesus Freaks: Do Talks and the Voice of the Martyrs. This Gold Medallion-nominated book is a companion volume to the album of the same name. It's a wake-up call to prayer and to lives of unashamed faith, offering stories of martyrs past and present. The book was written especially for teenagers, with timeless scripture and poignant quotes. 230.04 Bet.

Concilium: Rethinking Martyrdom. Although it is a reference work for use only in the library, Concilium has long been a household name for constructive theological thinking. This issue focuses on the concept of martyrdom. Published five times a year, Concilium's issues reflect a deep knowledge and scholarship presented in a highly readable style, and offer a wide variety of viewpoints from leading thinkers from all over the world.

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As always, if you have any questions do not hesitate to contact Library Coordinator Megan Raab (raab4198@gmail.com); she will be happy to assist you. The parish library is available on weekdays during office hours; ask for a key at the parish office.



Blessing

May your longings lead you far and farther still toward the place where what you desire can be met only by God. May your hungering bring you home by another way.



Q: Why do we celebrate the Triumph of the Cross on Sunday, Sept. 14, instead of the Sunday in

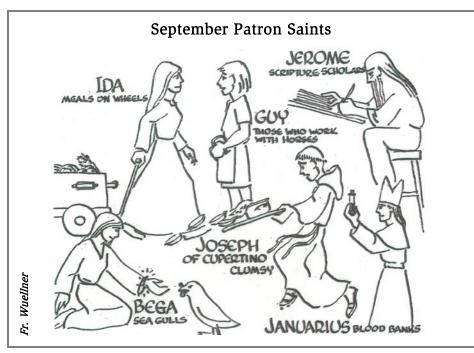
Ordinary Time?

A: Some days on the liturgical calendar are set relative to the dates of Christmas and Easter. This includes the Sundays in Ordinary Time. Other feasts, such as the feasts of saints, always fall on the same date each year. As a result, sometimes two feasts occur on the same date. When this happens, the General Roman Calendar determines which feast takes precedence.

We've been talking about "feasts," but the Calendar ranks the special days as "solemnities," "feasts," "memorials," and "optional memorials," and they take precedence in that order. In the mind of the Church, Sunday is always a feast, even in Ordinary Time, because it is the day of the Lord's resurrection. The Exaltation of the Cross is also ranked as a feast. Because it is a feast celebrating an aspect of Jesus' saving action, it takes precedence over a Sunday in Ordinary Time. Later this year, on November 2, we will celebrate All Souls Day instead of a Sunday of Ordinary Time.

The feast of the Exaltation of the Cross marks the anniversary of the day in 326 A.D. when St. Helen, mother of the Roman Emperor Constantine, found the cross on which Jesus died while she was on a pilgrimage to Jerusalem, walking in the footsteps of Jesus. Jesus' death and resurrection changed the cross from a symbol of torture and oppression to a symbol of salvation, hope, and eternal life. We lift up (exalt) the Cross of Jesus in celebration of our faith and in gratitude for the saving action of Jesus.

Questions about Catholic practice or Catholic teaching may be sent to the Communications Committee in care of the parish office.



Quick fixin's from the kitchen of . . .

Renee Keller Apple-Carrot Muffins

3 eggs

1/2 c honey or maple syrup 1/2 c unsweetened applesauce 1 c grated apple 1 c grated carrot 1 c whole wheat flour 1 c all-purpose flour 2 t baking powder 1/4 t salt 1 t cinnamon Preheat oven to 375°. Sprav a 12-cup muffin pan. Blend eggs, honey or maple syrup, and applesauce until well combined. Stir in grated apple and carrot. In a separate bowl, sift together the flours, baking powder, salt, and cinnamon.



Blend dry ingredients with apple mixture until just combined. Spoon into muffin pan and bake 25 minutes. *These freeze well, but they go too fast in my house for that!*

+ + +

If you have a recipe you'd like to share, please send it to Mary Lou Menches (344-1125, mmenches@illinois.edu). The only requirement is that it is easy and quick to prepare!

Can you help?

The two volunteers who prepare the **page layout for** *In Focus* urgently need help from at least one more parishioner (*two* volunteers would be super!) to prepare the page layout for a couple of issues a year. Templates, guidelines, schedules—all would be provided; you may use your own paging program, or St. Patrick's can provide a copy of Publisher, the paging program used by one of our page layout volunteers. Can you help? Cathy Salika, 367-7861 or csalika@illinois.edu

Vocation Prayer

Dear Lord, bless each of us as we respond to your call. May we encourage and support one another in discerning and living out our vocation. Help us foster a culture of vocations in which your seed will bear much fruit. And be patient with us as we try to understand how best we may serve you and yours.



St. Patrick's Parish In Focus is published on the last weekend of the month in Urbana, Ill. News items and information may be submitted by mid-month for the next issue. Materials must include the name and telephone number of the person submitting them.

Please send news items to a Communications Committee member, leave them in the committee's mailbox in the parish center, or call a committee member. All submissions are subject to review and/or editing by the committee and staff. By-lines are generally omitted.

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Articles and information for this issue were provided by Ellen Amberg, Carol Bosley, Kathy Cimakasky, Kay Evans, Judy Fierke, Craig Goad, Elizabeth Hendricks, Joe Hinchliffe, Renee Keller, Lorraine Kim, Peggy Loftus, Mary Lou Menches, Nancy Olson, Paula Partin, Megan Raab, Carole Rebeiz, Dan Richards, Cathy Salika, Lucille Salika, Peggy Whelan, and Theresa Williams. Patron Saints by Fr. George Wuellner. This issue was edited by Rick Partin, page layout by Jim Urban.

"I am the vine, you are the branches"

By Kathy Cimakasky

Marty Sierra-Perry and I served as co-coordinators of this summer's CREW mission trip—the fifteenth for CREW teens. This year's destination was Winnebago, Neb., located on the Native American Indian Reservation and the St. Augustine Mission School and church. This was CREW's second trip to Winnebago and was in conjunction with the Overflow youth group from St. Wenceslaus Church in Omaha, Neb.

The theme for this year's trip was "I am the vine, you are the branches." Just as surely the branches have no life apart from the vine, so also the work of this year's Mission Trip participants bore fruit because of the Christ life that imbued every action, every interaction, every prayer.

Sunday, July 27, after the 7:30 a.m. Mass, thirty-two teens, young adults, and chaperones left via Peoria Charter Bus and JR Palmisano's truck for the long journey to Winnebago. We arrived at about 7:40 p.m. and were greeted by Dwight Howe, cultural educator and volunteer coordinator for the summer volunteers. Dwight and Elizabeth Hansen, youth director at St. Wenceslaus, had worked together over several months to plan for our week of service in Winnebago.

Soon after our arrival, Dwight asked the teens if they would like to put up a tepee. Our teens were very enthusiastic about this opportunity—it would be used as a venue for discussing graces on Wednesday night.

Our "home" for the week would be two modular classrooms near the school. We slept on air mattresses or cots and used showers in the Mission school or at the high school.

A typical day started with breakfast at 7:30 a.m. in the church kitchen. We were very fortunate to have Peggy Loftus take charge of the meal planning, food shopping, and preparation for the week. All participants had KP duty during the week. Morning Prayer followed breakfast, in the Outdoor Classroom at 8:30 a.m. Positively charged, we got to work, approximately 9:00 a.m. to 3:00 p.m. each day. Evening Mass at 5:15 p.m. was followed by dinner in the church kitchen and then a speaker or spiritual event. The day ended with lights out at 11 p.m.

Work sites for the week included the Mission school and grounds. We removed brush, limbs, and branches from the yard outside the convent to prepare a prayer garden for the Sisters. We also spread new mulch on the playground, weeded, moved furniture in the school, weeded, painted walls and borders on the walls of the school, weeded, helped repair the timber border of the playground, weeded, shampooed and vacuumed carpets. Did we ever weed!

The second work sight was located in the community of Macy. Macy has an unemployment rate of about 80 percent. The Gilpan Community Center there was built with grant money and has been in disrepair for some time. The bathrooms at the Community Center received a thorough cleaning and a fresh coat of paint. The floor of the gym was cleared of gum and also cleaned.

Nate and Beverly Merrick's home in Rosalie is the gathering place for people to pray with Nate and Beverly in their sweat lodge and then share a meal in their basement. Nate and Beverly want to educate as many people as possible about their Omaha tribe's customs and culture. Our group helped them with their goal of separating the main floor from the basement: we moved a staircase, removed a wall, put up a new wall, repaired a shower, and installed a toilet.

We were asked to empty out of

all items from an apartment. We also helped Vida at her house.

Each evening we had a speaker or a spiritual event. On Monday evening Richard, an Omaha native, spoke with us. We presented him with a Pendleton blanket as a sign of our appreciation. Richard informed us a gift of a blanket symbolizes life. Father Dave then played the wood flute for us and talked about the Mission and fundraising. Father Dave has produced three different CDs to help raise funds; one CD was in honor of the 100th anniversary of the Mission and another was in honor of St. Kateri Tekakwitha's canonization.

Tuesday evening Nate and Beverly hosted a sweat at their home. A sweat is a sacred ceremony that is offered with songs and prayers of praise, thanksgiving and petitions.

A reconciliation service was held on Wednesday evening. Teens and adults also toured the Mission Museum and held a discussion of graces in the tepee.

Our last speaker was Sarah Snake of the Winnebago tribe. She spoke to our group about her grandmother's experiences at St. Augustine's Mission school and her Catholic faith.

The Omaha Zoo was the Friday "funday" location. We were able to explore the different exhibits and animals for a few hours before taking off for home. (Father Phelps was very excited to show many of us the albino alligator!)

We are very grateful to the St. Patrick's parishioners for your continuing support of the annual CREW Mission Trip. Without your spiritual and financial gifts, these trips would not be possible. Thank you for making them a reality for our teens.

Participants

Abbi Simpson Peggy Loftus Bernie Arends **Betsy Schuele** Caitlin Schutz Carly Langendorf Chris Freidhof Cora Freidhof Dan Schuele Father Joel Phelps George Pennacchi Sally Pennacchi Hannah Sweeney Hans Herzog Isabella Dallas Jamie Simmering Jeannie Rasmussen Annie Rasmussen JR Palmisano Kathy Cimakasky Keith Lee Kyle Rasmussen Kyle Ritten Louis Kim Mark Sweeney Molly Smith Monica Munds Patrick Hatch Randy Pankau **Robert Stavins** Teresa Brown















