

St. Patrick Parish IN FOCUS

www.stpaturbana.org

October 2018

Blessed Be God!

Blessed be God. Blessed be his holy name. Blessed be God, who calls us together, knowing the support and encouragement we can receive from each other. Blessed be the creator of families, the founder of parishes, the source of friendship. Blessed is he for those who welcome new people to our shared life of faith, and for those who help others to return to the Church.

Blessed be God, who wants us to know him. Blessed is he, who teaches our teachers, forms our homilists, and guides our spiritual directors. Blessed is he, who prepares couples for marriage and new parents for the baptism of their children.

Blessed be God, who calls us together to pray. Blessed is he for architects and woodworkers, artists and musicians, servers and ushers, lectors and Eucharistic ministers, to enable our common prayer. Blessed is he, who provides a warm welcome and a beautiful place for prayer. Blessed is he, who hears our prayers for vocations, for the sick, and for the needs that we encounter in the world around us.

Blessed be God, who cares for the hungry. Blessed is he, who supplies our food pantry and gives warmth and generosity to all who work there. Blessed is he, for cooks and bakers, for pancake flippers and doughnut servers, and for



those who tidy up afterward. Blessed is he, for those who deliver food to those in need.

Blessed be God, who leads us like a shepherd. Blessed is he, for planners and organizers, for administrators and business people, for Parish Councils and leaders of groups, for record keepers and archivists. Blessed is he, for the idea people and discerners. Blessed is he, for those who support our parish financially.

Blessed be God, who makes us hunger and thirst for justice. Blessed is he, for those who aid the immigrant and the homeless, the unemployed and the prisoner. Blessed is he, who reminds us of their needs and our oneness with them. Blessed is he, for those who defend life.

Blessed Be God continued on pg. 8

Backstage with Ladies Knight Out

Ladies Knight Out (LKO) has become a St. Patrick tradition that has outlasted three pastors and seems to magically appear on the parish calendar each year just as do Good Friday services and Super Bowl Sunday Breakfast. It might seem like a show that is seamlessly put together – a piece of cake, so to speak – however, for the two co-creators of the show, Jim Mayer and Terry Bosley, the planning begins at least four months prior to Opening Night (which is also Closing Night).

Planning begins over a pint or two of craft beer at a local pub when Jim and Terry first meet to talk about the show's theme for the upcoming year. Creating a theme is one of the most challenging aspects of the process. Inspiration comes from various sources. Some LKO shows have been inspired by Bob Hope "Road Show" movies, such as Cath'lic Boys Go West, Cath'lic Boys Go to Wall Street, and Cath'lic Boys World Tour. Other shows have been inspired by current events, such as Cath'lic Boys Go to the World Series and Cath'lic Boys for President. And the theme of many shows comes from the parish itself, such as Extreme Church Makeover, when the church was being renovated, and Cath'lic Boys Fill the Pews, when the church was doubling in size.

Backstage with LKO continued on pg. 4

Laura's El Camino

Our young church organist (Laura Theby Cooman) made the pilgrimage one recent summer to the shrine of Saint James, the cathedral of Santiago de Compostela in northern Spain. Like many since the Middle Ages, she began her 500-mile walk in southern France.

A July morning in her second week was typically sunny and very hot. She was hitting her stride towards 20 miles that day; by noon she was sweaty and tired. Her guidebook indicated a village nearby, Navarrete, with a notable church.

Laura was surprised how large it was in a small town, a grayish-brown stone building with a square tower. Its dwarf spire and roof were of gray slate. A fountain played in its plaza.

She saw the perfect place to rest and eat her lunch: the shadow of the church or perhaps a cool interior vestibule if no one was around to object or be shocked. Older country people sometimes saw desecration where younger generations saw none at all.

She heard organ music as she drew closer. When she stepped inside, her eyes slowly adjusted to a golden baroque backdrop shimmering in the darkened atmosphere behind the altar. No ceremony or ritual was happening, so she knew it was the organist practicing. She allowed the waves of melody and volume to lave her mind and heart.

She quietly ate her lunch. The swelling diapasons and reedy flutes set her fingers tingling. When the music stopped, she ascended to the organ loft and beheld the organist, an older man with heavy white hair. Smiling,



she mimed organ play with her fingers and pointed to herself. “*Eres tu una organista?*” he asked.

She nodded. “*Si. Soy una organista en los Estados Unidos. Soy una peregrina en el Camino de Compostela.*”

He indicated for her to take

the bench. “*Prueba este organo. Tocalo, por favor.*”

She accepted his invitation to play. She picked up a book. Bach. The German Master in Spain. The man turned the pages and urged her to continue. After

El Camino continued on pg. 3





Q: Why are we expected to register as a member of a parish? Why can't we just worship where it's convenient, or where we like to go?

A: It seems commonplace these days for people to “shop around” for a parish, trying one or another for a good “fit,” and our local Church has generally been very flexible about territorial boundaries in accommodating them. Enjoying such wide latitude, though, sometimes leads people to neglect to register at any one of the parishes, even after having attended Mass regularly at the same church for some time.

Belonging to a parish, however, means much more than simply going to Mass and putting an envelope in the Sunday collection. Church law defines a parish as a “specific (stable) community of Christian believers,” and if that means anything, it is that every parish is a fellowship of believing Catholics who help one another and the rest of the community to live out the Gospel of Christ together.

The parish priest, staff, and probably many others in the parish are trying to serve your needs and everyone else's, and they need your help.

As a general rule, the pastor is responsible for the care of all the people living within the parish's territorial boundaries: baptizing, marrying, counseling, burying – providing the full sacramental life of the Church. By registering in a parish you make it your “home,” with all that this implies. You establish relationships, share in the life of the faith community, and benefit from the sacramental life of the community.

As a member of the faith community, however, you also take on some responsibilities, assisting in the necessary works of the Church – its worship, apostolic mission, charities, the care of its ministers, and its care of the poor. In other words, you enjoy all the benefits of belonging and are expected to respond by generously using your God-given talents and abilities for the welfare of all.

For all these reasons, and others that could be mentioned, it is important for you and for the other members of the faith community that you register in a parish!

* * *

Questions about Catholic practice or Catholic teaching may be sent to any Communications Committee member or left in care of the parish office.

El Camino continued...

twenty minutes she knew she had to get back on the road. “*Gracias. Me gusta mucho. Su organo hace una musica divina.*”

“*Buen Camino,*” the old organist wished her farewell. It was what everyone said to the pilgrims and they to each other.

Her Camino continued, all three of them: the physical one that brought blisters, calluses, weariness, and tanned skin; the adventurous one with new sights, challenges, and interesting characters; the spiritual one that infused the peace that passes understanding.

Laura spent several days in Compostela. She embraced the Apostle by walking behind and above the high altar in the cathed-

dral. She attended Mass with other pilgrims. She beheld with wonder the Botofumeiro, the giant censer freighted with charcoal and incense. Eight men started it swinging on its ceiling pulleys from one end of the cathedral to the other.

The day she left she overheard a man spouting English with a sharp British accent in the albergue where she was staying. She felt starved for English after a month's elementary Spanish and struck up a conversation. His name was Alfie. He was from Liverpool. He was 65 years old, and his pilgrimage was one of thanksgiving for remission from cancer.

“The highlight on the road for me,” he said, “was in a Spanish town. I was resting in the shade

of the church when I heard wondrous music coming from within. It seemed God's voice. His peace. I went inside. I recorded it on my phone. Now I can listen to that moment when I need it. Would you like to hear it?”

She heard herself playing Bach. She heard faintly the voice of the old organist wishing her *Buen Camino*.

“So beautiful,” Alfie said. “A little miracle in the miracle of the Camino.”

Laura felt the spreading calm of enlightenment. “This is a sacrament for us both,” she said. “You and I have been the final grace of the Camino for each other.”

—By Rosemary Laughlin for the *News-Gazette*; used with permission

Backstage with LKO

continued...

Once a theme is selected, the co-directors then write a story plot to support the theme, and choose songs ranging from Broadway to rock to folk to Gospel – and occasionally even hip-hop and jazz – whose lyrics can be reworked to fit the plot. Much attention is given to the selection of songs, lyrics, and choreography to highlight the talents of the cast members.

Practice begins two months before Opening Night, when the cast meets at the parish center for the first read-through/sing-through. The dedicated cast then meets once or twice a week for rehearsals, and more often during the week of the show. It is during these rehearsals that the entire cast suggests ideas for instrumentation, comedy bits, costuming, choreography, and staging. Each Cath'lic Boy brings with him a unique talent that gives the show a diversity of energy and spirit. As such, the resulting show that the Ladies see is very much a collaborative creative effort of all the Cath'lic Boys.

A priority of the show has always been, first and foremost, to create a fun and entertaining evening for the ladies of the parish. Much attention is given to ensure that the comedy is neither too political nor risqué.

When reflecting on the 25 years of being involved with the Ladies Knight Out production, Terry Bosley says, "The biggest reward – aside from the laughter and appreciation of the Ladies year after year – is the community that has evolved within the Cath'lic Boys itself. The comradery and fellowship is very special indeed. I am very proud to be a Cath'lic Boy!"

Jim Mayer says, "As much fun as it is to perform at Ladies Knight Out, I have found, like Terry, that I truly look forward to the planning



Ladies Knight Out cast before a rehearsal early September. First row, left to right: Chris Freidhof, Dave Madden, Terry Bosley, Jim Mayer, John Minor, Gary Wszalek. Back row, left to right: Sam Reese, Joseph Youakim, Gary Bosley, Bill Blickhan, Rick Murphy, Chris McDonald.

and rehearsal process. The group of Cath'lic Boys brings a ton of creative energy to the show each year, with a true spirit of fun and friendship. Combining the efforts of the Knights who plan and serve the dinner, and the cast who perform, I like to think of LKO as a labor of love and appreciation for

all of the wonderful women who contribute so much of their loving faith to the life of our parish."

Don't miss the opportunity to see the Cath'lic Boys at this year's Ladies Knight Out on Saturday, October 27!

The Opportunity Fair Provided Many Ways to Serve in the Community

On Sept. 8 and 9, St. Patrick's Peace and Justice Ministry held an Opportunity Fair after all Masses in the main hall of the parish center. Refreshments were served, including a hot dog lunch after the 10:00 a.m. and noon Masses. Parishioners were able to visit different tables and talk to representatives from a number of local groups serving vulnerable populations in the Champaign-Urbana community. Organizations represented included the

East Central Illinois Refugee Mutual Assistance Center (ECIRMAC), Empty Tomb, Canteen Run, Courage Connection, Wesley Food Pantry, Books to Prisoners, CU FAIR, Faith in Place, Illini Christian Ministries, Austin's Place, and our SVDP Food Pantry.

Organizers don't yet know how many volunteers these groups were

Opportunity Fair continued on page 5

Bridges and the LGBTQ Community

From mid-August through early September, a lively group of St. Patrick's members and friends met once a week to discuss the 2017 book *Building a Bridge: How the Catholic Church & the LGBT Community Can Enter into a Relationship of Respect, Compassion, and Sensitivity*. They have enjoyed discussions, prayer, testimonies from fellow Catholics, and reflections on the book.

The book's author, Jesuit Fr. James Martin, is a long-time writer, teacher, and editor at large for the magazine *America*. The book *Building a Bridge* starts with the Catholic Catechism's call to treat all LGBTQ people with respect, compassion, and sensitivity. Martin explores what such connections could mean for both gay people and their Catholic family and fellow parishion-



ers. Why is it important to build such a bridge? When asked whether they knew Catholics who had left the Church, either because of being LGBTQ or being uncomfortable with the Church's treatment of

LGBTQ people, virtually every member of the St. Patrick's group raised his or her hand.

The group found inspiration in the many scripture studies Martin suggests. The passages include the names for God, Jesus' meeting the Samaritan woman at the well, the conversion of Zacchaeus, Jesus' encounter with the Roman centurion, and the risen Christ's appearances to Mary Magdalene and on the road to Emmaus.

Bridges go both ways and can be constructed only with all parties slowly making progress to the meeting point. Fr. James Martin will address our parish via Skype on Tuesday, Oct. 9, at 7 p.m. in Trinity Hall. All are welcome to come to listen, share, and learn together.

Opportunity Fair continued...

able to recruit through the fair but there were many good conversations and connections made. All hope that maybe some seeds were planted and those parishioners who are looking for volunteer opportunities in the community will keep

these organizations in mind in the future. In the meantime, the lunches reminded us how often food can encourage fellowship!

If you missed the Opportunity Fair or didn't get around to signing up with an organization you are inter-

ested in, the Peace and Justice Ministry would be more than happy to give you contact information for any of these groups. Contact pastoral associate Jim Urban (jim.urban@stpaturbana.org or 531-7014).



Some Enchanted Evening

On August 11, the St. Patrick's Youth Orchestra presented "A Saturday Night on Broadway" in our church. We are so blessed to enjoy the music produced by these talented youngsters! This orchestra was founded by students in 2013 with only 12 playing members. It is the only orchestra in the country founded and run by students. There are currently 38 students, ranging in age from 7th- to 12th-graders.

They all come from schools in Champaign-Urbana and Monticello.

The program opened with excerpts from "Pirates of the Caribbean." The orchestra was conducted by Sarah Perdekamp. She expertly led the musicians through many changes in tempo to create such a harmonious sound that this listener thought an entire professional symphony was playing.

Lisa Altaner, who plays the flute, took over the baton for a lovely tribute to Rodgers and Hammerstein with songs from "The Sound of Music," "South Pacific," and "Oklahoma." Then Sarah returned to the podium for the final three selections.

On "Take Five" Jack Reeder, an alumnus of St. Patrick's Youth Orchestra, set the tempo on the piano. Jack founded SPYO in 2013 and was its first conductor. He is now at Northwestern University majoring in vocal performance and sacred music. He will study choral conducting in graduate school. You may recognize him because he ably fills Frank Gallo's shoes as choral director at Mass when Frank is out of town.

Before the last selection, Sarah introduced the two seniors who will be leaving the orchestra for college this fall. They are Elizabeth Atkinson, a viola player and assistant conductor, and Logan Parks, a trumpet player.

The final selection was "Ashokan Farewell," a poignant piece created for PBS's "The Civil War" soundtrack. It began with a long violin solo played masterfully by Noel Chi. Gradually the piano joined in, then the strings, and finally the whole orchestra for an emotional finale.

After the performance the orchestra, families and friends, and the audience enjoyed crudités and cookies in the gathering space. People could donate to the orchestra, which is trying to raise money for a timpani set and a xylophone set, among other needs. People also contributed by purchasing SPYO tee shirts.

Keep an eye (or ear) open for the next performance of SPYO; you don't want to miss the celebration of their beautiful music.



Did You Know?

Our Knights of Columbus provide a pancake and sausage breakfast (with many, many extras – anyone for fresh fruit?) on the fifth Sunday of any month. Always, there is no set charge, just a good-will offering that is put into the kitty for the Fr. Charles Martell scholarships awarded at the end of the school year to graduates who apply. If you've missed the K of C breakfast on Sept. 30, you'll have to wait to see whether the Knights will offer one at the end of December.

If you're new to St. Patrick's and haven't registered yet as a member of the parish, you can do so by stopping at the parish office during office hours (weekdays, 8 a.m.-5 p.m.) or online at the parish website (www.stpaturbana.org).

Are You a Member of the Prayer Chain?

St. Patrick's has a not very visible but an extremely valuable resource, a prayer network also known as the Prayer Chain. "The greatest thing one person can do for another is to pray for him," writes Corrie Ten Boom. "If at this moment you pray for someone, even though he is on the other side of the globe, the Lord Jesus will touch him."

Is this hard to do? Well, one parishioner who is a member of the Prayer Chain recently expressed the personal satisfaction she experienced by being able to serve a member of the parish community, someone in need, from her kitchen table. She says she sometimes offers a quick prayer upon receiving a request, and other times she prays the rosary for all who have asked for prayer.

Another parishioner, who has relied on the Prayer Chain often, said she felt great relief in the fact that she could call just one person and know that many others would be praying for her intention, however insignificant or noteworthy it might seem to anyone else.

Whether the need for prayer support is for preparing for an exam, for marriage, for a doctor's visit, for safe travel, for the birth of a child, for relief from tension or stress for recognizing one's vocation or life, for a family member who is dying, for a friend who is about to undergo surgery, for healing of mind or body or family relationships – whatever the need, one can just ask to be remembered in prayer by the members of the Prayer Chain.

You too, if you are willing to pray for others in their need, can



serve the parish community from your kitchen table, or from your bed or wheelchair. Do you not have time to set aside for formal prayer? Then simply remember a person's need as it is named for

you and refer the care of that person to our loving Father. There is no prescribed prayer or time for prayer, there are no meetings to attend.

About a hundred parishioners so far have become members of the parish's Prayer Chain, responding to the call to pray for those who ask for prayerful support. For more information or to participate, please contact Mary Lou Menches (mmenches@illinois.edu or 344-1125).

You do not have to change for God to love you.

—Thomas Merton

Another Successful Cellar-to-Garret Sale

The Women of St. Patrick's 2018 Cellar-to-Garret sale wrapped up on August 11. The WSP raised about \$8300 to fund their projects, many of which will benefit all of us in the parish. Also gained was

priceless service, fellowship, and fun.

Thanks to all the volunteers – you did a tremendous job setting up, pricing, selling, and cleaning up!



St. Luke: Physician, Evangelist, Companion, Author, Artist...

St. Luke is the traditional author of the third Gospel as well as of the Acts of the Apostles, and a traveling companion of St. Paul in spreading the Good News of the coming of the Kingdom. Because he was considered to be a physician, he is the patron saint of physicians. Because he was also thought to have painted an icon of the Blessed Mother in the basilica of St. Mary Major in Rome, he is the patron saint of artists. And because his emblem as one of the four Evangelists is the ox, he is also regarded as the patron saint of butchers. Quite a lot of responsibility, even for a saint!

An interesting story about the icon of Mary: After Mary's apparitions to Bernadette Soubirous, the young girl, now a nun, received many pictures and statues of Mary from believers, but she put them all in a closet, out of

sight, saying that none of them looked like the Lady who appeared to her, and she could not bear to pray with them.

Her bishop brought to her several large picture books containing images of Mary in masterpieces that Bernadette had never before seen. He showed them to her page by page, asking whether any of them resembled Our Lady. Page by page, Bernadette said "no" – until they turned to the image reproduced here. "That one," she said, and pointed to the picture called "Our Lady of Cambria," which has been attributed to St. Luke from the sixth century.

The basic point of Luke's New Testament writings is to underscore the love and compassion of Christ and his concern for the poor. Women figure more prominently in his Gospel than in



Our Lady of Cambrai, attributed to Saint Luke

any other. He also places great emphasis on the Holy Spirit in the life of the Church and of the individual Christian, and on the importance of prayer.

We celebrate this revered evangelist on October 18. Perhaps on this day we might reread his works with greater insight and appreciation.

OCTOBER PATRON SAINTS by Fr. Wuellner



Blessed Be God continued...

Blessed be God, who is with us in hard times. Blessed is he, for the sick and the dying and for those who share his love with them. Blessed is he, for those who mourn and for those who accompany them.

Blessed be God the creator, giver of a thousand skills and talents. Blessed is he for quilters, knitters, crocheters, and stitchers, for writers, graphic artists, and photographers, for gardeners, plumbers, electricians, and roofers, for drivers, welcomers, and all with love to share.

Blessed be God, the giver of generous hearts, abundant blessings, and many opportunities to serve.

Amen!

Seniors Hear About Our Civil War

Who was Richard Kirkland? In 1862 a young southern soldier at the Battle of Fredericksburg in Virginia, jumped a stone wall which helped to shield the Confederate Army. He could no longer listen to the cries of the dying and wounded Confederate and Union soldiers on the battlefield. Not knowing if he would live or die, he carried canteens of water, warm clothing, and blankets to men regardless of their uniform. Neither army side opened fire as he went back and forth giving aid to all on the Confederate end of the battlefield. He remains a legend in Fredericksburg.

This is just one of the many historical accounts that Chris Curtis (of Curtis Orchard) shared with the St. Jeanne Jugan Senior Group at their lunch gathering at Attie's Bar and Grill on August 14. Chris is part of the Champaign County Civil War Roundtable, which meets for information gathering, attending



excursions and tours, hearing speakers, conducting fundraising, and other history-related events associated with the Civil War. There are independent Roundtable groups all over the U.S. and even in some other countries.

The Civil War's impact was profound: 750,000 people died,

more than in all of our other wars put together. That was two percent of the American population and included 60 percent of the males in Virginia. One third of southerners went from slave to free. Illinois has many historical sites, including a Civil War POW camp at Springfield. The Charleston Riot in Illinois made national headlines in 1864. When asked, Chris spoke briefly about Confederate monuments being taken down and stated that there are strong arguments on both sides, but he emphasized the need for genuine dialogue. Preserving our Civil War stories can add to understanding of our past and future.

Watch the weekly church bulletin for information about upcoming St. Jeanne Jugan Senior Group lunches.



Three former musicians from St. Patrick's met at the Hymn Society meeting in July. Joe Herl (left) was Organist 1993-4; Laura Theby, Music Director 2008-16; Chris Angel, Music Director 2001-8. Laura says, "Hello to everyone!" Chris says hello too and adds, "I'm no longer taking stairs two at a time!"

Connecting Our Faith to Our Environment

On Friday, Aug. 31, St. Patrick's hosted our second Interfaith Prayer Service for the Environment. This is a lovely tradition that Fr. Luke began when he was at St. John's and brought with him when he came to St. Patrick's.

At 12:15 p.m. a small group gathered in the church, where Fr. Luke introduced the program. Music Director Frank Gallo led a hymn, Rev. Cindy Shepherd of Faith in Place read from Genesis about the creation of the world, Fr. Luke spoke, and Rev. Economos Michael Condos from the Three Hierarchs Greek Orthodox Church offered a prayer. Then Fr. Luke invited everyone to come gather for fellowship in the area outside the Main Street doors of the church.



Pastoral Associate Jim Urban provided cold water from the Mahomet Aquifer (aka local tap water!), and those who brought lunches sat and ate them. Every-

one enjoyed the chance to talk to people they knew as well as to those from other places of worship, and to share in the beauty of a late summer day.



in our parish library

I'd like to introduce myself. My name is Megan Raab, and I am the parish librarian. If you have questions for me regarding the parish library, do not hesitate to ask; you can reach me at mer1987@sbcglobal.net. This month I've selected three books in our library that I found very interesting, and I think you may too.

Have you ever wished you could go back to the carefree days of childhood? A new book in the library that might help you do that is titled *Escape Childhood: 8 Secrets from Childhood for the Stressed-Out Grown-Up*, by Jason Kotecki. Some of you may remember this author, who

came twice to St. Patrick's. The book discusses the secrets of rediscovering the values that come so easily to children but slowly begin to fade as we get older. This is actually a brand new book so I have not yet cataloged it. If you're interested in reading it, send me an email message and I will let you know when it's available.

Another book I would like to share with you is especially appropriate for the parish's recent emphasis on religious education. It is titled *Discerning Disciples: Listening for God's Voice in Christian Initiation*, by Donna Steffen. The Rite of Christian Initiation, better known as RCIA,

is really a process that fully engages participants. The author discusses the decision-making process involved in becoming a Catholic, as well as reflections from others who have already been through the process. Its call number is 265 Stu.

Lastly, *The Byzantines*, by Thomas Caldecot Chubb, discusses Catholicism in the Middle Ages, and the Christian ideals in that age. It tells the story of Constantinople and the Byzantine Empire. You can find this book by its call number, 949.5 Chu.

* * *

If you have questions, do contact Megan Raab; she will be happy to assist you. For security reasons the parish library remains locked, but you can obtain a key from the parish office – come and browse to your heart's content!

Health Tips from the Parish Nurses

Flu season is just around the corner, and the Parish Nurses urge you to take steps now to prevent the flu. According to the Centers for Disease Control and Prevention, seasonal flu activity in the United States can begin as early as October, but usually peaks in January or February.

Influenza (flu) is a contagious respiratory disease that can lead to serious complications. The single best way to protect yourself is to get vaccinated every year. Flu viruses are constantly changing and the vaccine is updated yearly to protect against the viruses that research indicate will be most common that year. The vaccine is recommended for those 6 months of age and older.

Along with getting a flu vaccine, take everyday preventive actions to stop the spread of germs, such as covering your



nose and mouth when coughing or sneezing, washing your hands often, staying home if you are sick, avoiding close contact with sick people, and cleaning and disinfecting surfaces and objects

that may be contaminated with germs.

Take action now to keep yourself and your loved ones healthy this flu season!

The New Face of Our SVDP Food Pantry



In case you missed it, more than a year ago long-time SVDP Food Pantry coordinator Ellen Abell decided it was time to let someone else enjoy the long hours and hard work of being in charge of the food pantry. Sally Czapar volunteered for the task.

Sally and her husband George attended St. Patrick's when they were first married and in graduate school here. They moved around a little, eventually spending 19 years in Rochester, Illinois, before returning to Urbana and St. Patrick's 8 years ago. They have three grown children and two

grandchildren. Sally is a speech therapist and continues to work part time, as she has for 37 years.

Sally says, "I am excited to take over the St. Vincent de Paul Food Pantry. We are always happy to have new volunteers. Please feel free to stop by anytime when you see the door open to learn what we are all about!" If you have questions about the food pantry, now you know who to ask!

Want to Receive *In Focus* by Email?

Join our email list to receive a monthly notification when a new issue of *In Focus* is published, with a link to it on the parish website (stpaturbana.org). Go to <http://eepurl.com/duJdY1> and sign up – it's that easy! You can also find on the parish website all issues of the newsletter that have been published during the current year.

Quick fixin's from the kitchen of...

Patricia Sindelar

Perfect Corn Bread

1/4 c sugar
1 c yellow corn meal
1 c sifted flour
4 t baking powder
3/4 t salt
2 eggs, slightly beaten
1c milk
1/4 c salad oil (or soft shortening)

Combine sugar and cornmeal in a bowl, and mix well. Sift flour with baking powder and salt into the bowl, and mix well. Beat eggs slightly in a small bowl, then add milk and salad oil and mix



well. Pour liquid into flour mixture and beat with mixer at medium speed for one minute. Pour into greased 8 x 8 x 2 glass dish (or 9 x 9 x 2 metal pan) and bake at 425° for 20 minutes. Do not overbake to brown slightly – dries out quickly.

* * *

If you have a recipe you'd like to share, please send it to Mary Lou Menches (344-1125, mmenches@illinois.edu). The only requirement is that it be easy and quick to prepare!

VOCATION PRAYER

Loving Father, I read recently that St. Teresa wrote: "What does it profit you to give God one thing if he asks of you another? Consider what it is God wants of you, and then do it." So I ask of you, Father, what it is you want of me? Help me to know your desire for me – how I can best do what you desire for me. Lead me, guide me, help me on my life's journey to please you by how I live and what I do!

St. Patrick Parish
IN FOCUS

St. Patrick's Parish *In Focus* is published on the last weekend of the month in Urbana, IL. News items and information may be submitted by mid-month for the next issue. Materials must include the name and telephone number of the person submitting them.

Please send news items to info-cusstpats@gmail.com. You may also send them to a Communications Committee member, leave them in the committee's mailbox in the parish center, or call a committee member. All submissions are subject to review and/or editing by the committee and staff. By-lines are generally omitted.

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The deadline for submitting information, articles, and news items for the next (November) issue of *In Focus* is **October 7**.